

City of Edinburgh Council job description

Post title	Occupational therapist, Grade 7 CEC
Directorate	Health and Social Care
Service	Hospitals, Care Homes and Technology
Responsible To	Senior Occupational Therapist
Number of post holders	One (full time permanent)

Purpose of job

Provide occupational therapy intervention for Edinburgh Community Rehabilitation and Support Service.

The what - major tasks and job activities

In the role, you'll:

- Deliver high-quality, goal-oriented occupational therapy assessments and interventions for adults recovering from stroke within a community setting.
- Provide specialist input and support for individuals managing other long-term neurological conditions, including Parkinson's Disease and Multiple Sclerosis.
- Utilise evidence-based outcome measures and clinical assessments at key intervals to monitor progress and evaluate intervention efficacy.
- Collaborate with service users and their support networks to establish person-centred rehabilitative goals, identifying and prioritising key areas of occupational performance.
- Deliver flexible interventions across diverse environments, including the service user's home, workplace, our Rehabilitation Centre, or broader community settings.
- Facilitate therapeutic groups aimed at promoting self-management, independence, and active re-engagement in daily occupations.

The how - knowledge and skills, creativity and innovation, contacts and relationships, decision making

In the role, you'll:

- Demonstrate clinical application of occupational therapy and evidence-based practice.
- Proactively identify service improvements and adapt your therapeutic approaches to meet complex needs.

- Demonstrate excellent interpersonal skills with an ability to build trust and collaborate across professional networks.
- Demonstrate sound clinical reasoning and decision-making capabilities, balanced with risk management and professional accountability.

Qualifications & Requirements

You will have:

A diploma or degree in Occupational Therapy.

Current registration with the Health and Care Professions Council (HCPC).

A documented commitment to Continuous Professional Development (CPD)

Key Responsibilities & Accountabilities

In the role, you will:

- Work collaboratively within an integrated multi-disciplinary team alongside health and social care, NHS, and voluntary sector colleagues to deliver best outcomes for the people you support.
- Facilitate joint therapy sessions, contribute actively to team meetings, and maintain high standards of professional communication and correspondence.
- Maintain knowledge of city-wide agencies and support networks specialising in stroke and neurological conditions to ensure timely, appropriate signposting and referrals.
- Practice in accordance with national clinical guidelines, legislation, and departmental policies and procedures.
- Undertake mandatory training and identify additional clinical interests and training needs during regular supervision sessions.
- Support the team in evaluating innovative therapeutic approaches and integrating evidence-based research into daily practice.
- Advocate use of and integrate assistive technologies and digital devices to maximise service users' independence and engagement in meaningful occupations.
- Ensure the timely, accurate, and confidential maintenance of written and electronic clinical records in alignment with professional and organisational standards.
- Appropriately represent Health and Social Care in all interactions with service users, carers, multidisciplinary colleagues, and external stakeholders.
- Maintain an up-to-date portfolio of professional development to satisfy statutory registration requirements.
- Undertake any other duties commensurate with the grade and nature of the post as required by the service.

Environment (work demands, physical demands, working conditions, work context)

In the role, your time will be spent in a variety of settings:

- The busy environment of our rehab centre in Longstone
- In people's homes, communities and workplaces
- From home, when appropriate

Supervision and management of people

You'll provide guidance and support to care and support workers and assistants, who will contribute to and support rehab programmes.

Additional information - health and safety

Protecting the health and safety and welfare of our employees, and our third parties including members of the public, contractors, service users and pupils, is the starting point for a forward-thinking Council.

All employees' responsibilities:

1. Taking care of their own health and safety and welfare, and that of others who may be affected by their actions or omissions.
2. Co-operating with management and following instructions, safe systems and procedures.
3. Reporting any hazards, damage or defects immediately to their line manager;
4. Reporting any personal injury and work-related ill health, and accident or incident (including 'near misses') immediately to their line manager, and assist with any subsequent investigation, including co-operating fully with the provision of witness statements and any other evidence that may be required.

Line managers have additional responsibilities for ensuring all health and safety risks under their management are identified, assessed and controlled, with specialist input from H&S Advisers and others including Occupational Health where required. Where the risks cannot be adequately controlled the activity should not proceed.

Additional information can be found in the [Council Health and Safety Policy](#).