

NURSERY WEEK 1	MEAT FREE Monday	Tuesday	Wednesday	Thursday	Friday
DAILY SOUP	LENTIL soup & BREAD	LEEK & POTATO soup & BREAD	VEGETABLE soup & BREAD	LENTIL soup & BREAD	Packed Lunches
ONE CHOICE OF THE FOLLOWING 3 OPTIONS:					
OPTION 1	NEAPOLITAN PASTA (VE)	CHICKEN CURRY & RICE	SAUSAGE POTATO MASH & GRAVY	MAC & CHEESE (V)	Choice of Rolls or Sandwiched Filled With:
OPTION 2	PIZZA & SWEETCORN COB (V)	SWEET POTATO & SPINACH CURRY WITH RICE (VE)	VEGAN SAUSAGE MASH & GRAVY (VE)	QUORN BURGER & HOME MADE ROASTED POTATOES (VE)	Cheese&spread (V) Tuna&Mayo Chicken slices&spread Egg&Mayo (V)
VEGETABLES	GREEN BEANS (VE)	BROCCOLI (VE)	CARROTS (VE)	PEAS (VE)	Crudit� (VE)
Dessert	Seasonal Fruit Plain Yoghurt (V)	Seasonal Fruit Plain Yoghurt (V)	Seasonal Fruit Plain Yoghurt (V)	Seasonal Fruit Plain Yoghurt (V)	Fresh fruit Plain Yoghurt (V)
Comments	Nursery can choose 1 option between soup or yoghurt All Soups are Vegan and Homemade served with a Selection of 50/50 Breads. Salad selection available every day (V) = vegetarian (VE) = vegan				