

NURSERY WEEK 4	MEAT FREE Monday	Tuesday	Wednesday	Thursday	Friday
DAILY SOUP	MINESTRONE soup & BREAD	CARROT soup & BREAD	LENTIL soup & BREAD	LEEK&POTATO soup & BREAD	Packed Lunches
ONE CHOICE OF THE FOLLOWING 3 OPTIONS:					
OPTION 1	NO CHICKEN & VEGETABLES STIR FRY NOODLES	SALMON BAKE	CHICKEN SAUSAGE & BAKED BEANS (VE)	OVEN FISH FILLET & OVEN CHIPS	Choice of Rolls or Sandwiched Filled With:
OPTION 2	PIZZA & COLESLAW (V)	TOMATO & BASIL PASTA (VE)	CHEESE SANDWICH	TOMATO VEGGIE BALL & RICE (VE)	Cheese&spread (V) Tuna&Mayo Chicken slices&spread Egg&Mayo (V)
VEGETABLES	BROCCOLI	GREEN BEANS	MIXED VEGETABLES	PEAS	Crudit�
Dessert	Seasonal Fruit Plain Yoghurt(V)	Seasonal Fruit Plain Yoghurt(V)	Seasonal Fruit Plain Yoghurt(V)	Seasonal Fruit Plain Yoghurt(V)	Fresh fruit Plain Yoghurt(V)
Comments	All Soups are Vegan and Homemade served with a Selection of 50/50 Breads. Salad selection available every day (V) = vegetarian (VE) = vegan				