

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
DAILY SOUP	TOMATO SOUP & BREAD (VE)	LENTIL SOUP & BREAD (VE)	CAJUN CARROT AND PEPPER SOUP & BREAD (VE)	LENTIL SOUP & BREAD (VE)	Packed Lunches
ONE CHOICE OF THE FOLLOWING 3 OPTIONS:					
OPTION 1	PIRI PIRI CHICHEN & RICE	BUTCHER'S SCOTCH BEEF COTTAGE PIE	PHILLY CHEESE WRAP & WEDGES	FISH & CHIPS	Choice of Rolls or Sandwiched Filled With:
OPTION 2	NO CHICKEN & VEG STIR FRIED NOODLES (V)	PIZZA & PASTA COMBO (V)	VEGAN MEATBALLS IN TOMATO SAUCE WITH PASTA (VE)	VEGETARIAN PAELLA (VE)	Cheese&spread (V) Tuna&Mayo
OPTION 3	JACKED POTATO & VEGETARIAN FILLINGS	JACKED POTATO WITH FILLINGS	JACKED POTATO WITH FILLINGS	JACKED POTATO WITH FILLINGS	Chicken slices&spread Egg&Mayo (V)
VEGETABLES	MIXED SALAD GREEN BEANS	MIXED SALAD BROCCOLI	MIXED SALAD CARROTS	MIXED SALAD SWEETCORN	Crudit�
Dessert	SEASONAL FRUITS YOGHURT (V)	SEASONAL FRUITS YOGHURT (V)	SEASONAL FRUITS YOGHURT (V)	SEASONAL FRUITS YOGHURT (V)	Fresh fruit Yoghurt (V)
SEASONAL FRUITS AND YOGHURT AVAILABLE EVERY DAY. Soups are all Vegan and Homemade served with a Selection of 50/50 Breads. A SELECTION OF PIZZA, PANINIS, SANDWICHES AVAILABLE EVERY DAY (V) = vegetarian (VE) = vegan					