

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
DAILY SOUP	LENTIL SOUP & BREAD	POTATO SOUP & BREAD	LENTIL soup & BREAD	VEGETABLE SOUP & BREAD	Packed Lunches
ONE CHOICE OF THE FOLLOWING 3 OPTIONS:					
OPTION 1	BUBBLE SALMON WRAP & BABY POTATO	ROAST CHICKEN DINNER	BEEF CHILLI NACHOS	FISH&CHIPS	Choice of Rolls or Sandwiched Filled With:
OPTION 2	MAC&CHEESE WITH CRUSTY BREAD (V)	LENTIL & SWEET POTATOES CURRY WITH RICE (VE)	PASTA & PIZZA COMBO (V)	SPANISH OMELETTE & CHIPS (V)	Cheese&spread (V) Tuna&Mayo
OPTION 3	JACKED POTATO & VEGETARIAN FILLINGS	JACKED POTATO WITH FILLINGS	JACKED POTATO WITH FILLINGS	JACKED POTATO WITH FILLINGS	Chicken slices&spread Egg&Mayo (V)
VEGETABLES	MIXED SALAD GREEN BEANS	MIXED SALAD BROCCOLI	MIXED SALAD CABBAGE	MIXED SALAD PEAS	Crudit�
SEASONAL FRUITS AND YOGHURT AVAILABLE EVERY DAY. All Soups are Vegan and Homemade served with a Selection of 50/50 Breads. A SELECTION OF PIZZA, PANINIS, SANDWICHES AVAILABLE EVERY DAY (V) = vegetarian (VE) = vegan					