



Week 1

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese & Tomato Pizza 	Pork Meatball Sub served with Herby Diced Potatoes 	Roast Chicken served with Roast Potatoes and Gravy 	Battered Pollock served with Chips 	Selection of Sandwiches Served with Fruit, Crudites and Yoghurt
	OPTION 2	Beany Pasta Bake 	BBQ Vegetable Wrap served with Herby Diced Potatoes 	Bean and Cheese Pastry Turnover served with Roast Potatoes and Gravy 	Quorn Dippers served with Chips 	
	OPTION 3	Jacket Potato with a choice of filling 	Jacket Potato with a choice of fillings including salmon mayo 	Jacket Potato with a choice of filling 	Jacket Potato with a choice of filling 	
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DESSERT		Yoghurt & Fruit 	Raspberry Jelly	Yoghurt & Fruit 	Yoghurt, Fruit and Raspberry Coulis 	



Packed Lunch

Selection of sandwiches served with fruit, crudites and yoghurt



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water



Chartwells
Schools

Vegetarian Vegan Fruity! Oily Fish Nutritionist's Choice Wholegrain

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Week 2



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Yellow Vegetable Curry Served with Wholegrain Rice 	Beef Burger served with Potato Wedges 	Roast Pork served with Roast Potatoes, and Gravy 	Salmon Fish Fingers served with Chips 	Selection of Sandwiches Served with Fruit, Crudites and Yoghurt
	OPTION 2	Arrabiata Pasta Bake 	Beany Vegetable Burger Served with Potato Wedges 	Quorn Roast served with Roast Potatoes and Gravy 	Quorn Dippers served with Chips 	
	OPTION 3	Jacket Potato with a choice of filling 	Jacket Potato with a choice of fillings 	Jacket Potato with a choice of filling 	Jacket Potato with a choice of filling 	
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DESSERT	Flapjack	Yoghurt & Fruit 	Yoghurt, Fruit and Raspberry Coulis 	Yoghurt & Fruit 		



Packed Lunch
 Selection of sandwiches served with fruit, crudites and yoghurt



AVAILABLE DAILY
 Fresh fruit, salad, yoghurt and water























Vegetarian
Vegan
Fruity!
Oily Fish
Nutritionist's Choice
Wholegrain

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Week 3



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese & Tomato Pizza  OR	Beef Meatballs in Tomato Sauce served with Wholewheat Pasta  OR	Roast Chicken served with Roast Potatoes, and Gravy OR	Battered Pollock served with Chips OR	Selection of Sandwiches Served with Fruit, Crudites and Yoghurt  
	OPTION 2	BBQ Vegetable Pizza  OR	Chinese Vegetable Noodles  OR	Bean and Cheese Pastry Turnover served with Roast Potatoes and Gravy   OR	Quorn Dippers served with Chips  OR	
	OPTION 3	Jacket Potato with a choice of filling 	Jacket Potato with a choice of fillings including salmon mayo 	Jacket Potato with a choice of filling 	Jacket Potato with a choice of filling 	
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DESSERT	Yoghurt, Fruit and Raspberry Coulis  	Yoghurt & Fruit  	Yoghurt & Fruit  	Oat Cookie served with Fruit 		



Packed Lunch
Selection of sandwiches served with fruit, crudites and yoghurt



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



 **Vegetarian**  **Vegan**  **Fruity!**  **Oily Fish**  **Nutritionist's Choice**  **Wholegrain**

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Week 4



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Macaroni Cheese V	Beef Bolognese served with Wholewheat Pasta OR	Roast Chicken served with Roast Potatoes, and Gravy OR	Salmon Fish Fingers served with Chips OR	Selection of Sandwiches Served with Fruit, Crudites and Yoghurt Apple, Leaves
	OPTION 2	Vegetable Korma Served with Wholegrain Rice V	Vegetarian Bolognese served with Wholewheat Pasta V OR	Quorn Roast served with Roast Potatoes and Gravy V OR	Quorn Dippers served with Chips VE OR	
	OPTION 3	Jacket Potato with a choice of filling V	Jacket Potato with a choice of fillings V	Jacket Potato with a choice of filling V	Jacket Potato with a choice of filling V	
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DESSERT		Yoghurt, Fruit and Raspberry Coulis Apple, Heart	Lemon and Courgette Cake Apple, Heart	Yoghurt & Fruit Apple, Heart	Yoghurt & Fruit Apple, Heart	



Packed Lunch
Selection of sandwiches served with fruit, crudites and yoghurt



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

V Vegetarian VE Vegan Apple Fruity! Fish Oily Fish Heart Nutritionist's Choice Leaves Wholegrain

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