





























# Allergen Matrix









## 2025/26 primary week 4

### EDINBURGH








#### Day 1

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO <sub>2</sub>	 Soya
Jacket Potato with Coleslaw														
Minestrone Soup					 <i>Wheat</i>									
primary milk portion														
Reduced sugar yoghurt														
WHOLEMEAL PIZZA, CHIPS & COLESLAW EDI					 <i>Wheat (Barley*)</i>									























Day 2

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Carrot Soup					 Wheat									
primary milk portion														
Reduced sugar yoghurt														
Tomato&Basil Pasta with Garlic Bread EDI					 Wheat									

























Day 3

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Jacket Potato with Tuna														
Lentil Soup EDI														
primary milk portion														
Reduced sugar yoghurt														
Scotch Beef Mince gravy,mash potatoes & Yorkshire Pudding					 <i>Wheat</i>									
Vegan sausage roll & baked beans EDI					 <i>Barley, Wheat</i>									

Day 4

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
FROZEN YOGHURT														
Jacket Potato with Cheese														
Leek and Potato Soup					 <i>Wheat</i>									
Pollock & Chips EDI Primary					 <i>Wheat</i>									
primary milk portion														
Veggie balls & Rice														

Day 5

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Cheese Roll (RENF)					 <i>Wheat</i>									
Egg Mayo Sandwich on a brown roll					 <i>Wheat</i>									
Reduced sugar yoghurt														
Sliced Chicken Roll (RENF)					 <i>Wheat</i>									
Soreen					 <i>Barley, Wheat</i>									
Tuna Wholemeal Roll					 <i>Wheat</i>									

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 May contain     Does contain

\*Allergens in brackets are a May Contain.