

Allergen Matrix

2025/26 primary week 2 EDINBURGH

Day 1

	Celery	Crustaceans	Eggs	Fish	G	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Cheese and Tomato Pizza & Paprika wedges					Wheat									
Jacket Potato with Cheese														
PEA SOUP														
primary milk portion														
QUORN BURGER IN WHOLEMEAL BUN & PAPRIKA WEDGES EDI					Barley, Wheat		⊘							
Reduced sugar yoghurt							②							

Day 2

	Celery	Crustaceans	Eggs	Fish	G Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
FROZEN YOGHURT														
Lentil Soup EDI														
primary milk portion														
Roast Chicken dinner EDI					Wheat									
ROAST QUORN SAUSAGE DINNER			②		W heat								②	

Day 3

	Celery	Crustaceans	Eggs	Fish	G	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Butcher's Scotch Beef Cottage Pie EDI														
Jacket Potato with Tuna														
Lentil Cottage Pie EDI					Barley, Wheat									
primary milk portion														
Reduced sugar yoghurt														
Tomato Soup EDI														

Day 4

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Macaroni Cheese EDI Primary					Wheat									3
Pollock & Chips EDI Primary				②	Wheat									
primary milk portion														
Reduced sugar yoghurt														
Vegetable Soup served with bread	⊘				Wheat									

Day 5

	Celery	Crustaceans	Eggs	Fish	G Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Cheese Roll (RENF)					Wheat									
Egg Mayo Sandwich on a brown roll			②		Wheat									
Reduced sugar yoghurt														
Sliced Chicken Roll (RENF)					Wheat									
Soreen					Barley, Wheat									
Tuna Wholemeal Roll					Wheat									

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? May contain
Does contain

*Allergens in brackets are a May Contain.