

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Minestrone	Carrot	Lentil	Leek and potato	Packed lunches
One choice of the following 3 options:					
Option 1	Pizza and chips served with coleslaw (v)	Sweet chilli chicken served with rice	Scotch beef mince in gravy served with mashed potatoes and a Yorkshire pudding	Fish and chips	Choice of rolls or sandwiches filled with:
Option 2	Vegetarian paella (ve)	Tomato basil pasta (ve) served with garlic bread (v)	Vegan sausage roll served with baked beans (ve)	Stir fried vegetables served with egg noodles (v)	Cheese (v) Tuna mayo Chicken slices Egg mayo (v)
Option 3	Jacket potato served with a selection of fillings	Jacket potato served with a selection of fillings	Jacket potato served with a selection of fillings	Jacket potato served with a selection of fillings	
Vegetables	Broccoli	Green beans	Mixed vegetables	Peas	Crudités
Dessert	Seasonal fruit fruit yoghurt (v)	Seasonal fruit Fruit yogurt (v)	Seasonal fruit Fruit yogurt (v)	Seasonal fruit Frozen yogurt (v)	Fresh fruit Yogurt (v) Soreen (ve)
Comments	all soups are vegan and homemade served with a selection of 50/50 breads. salad selection available every day (v) = vegetarian (ve) = vegan				