

<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Soup	Tomato	Vegetable	Lentil	Carrot and coriander	Packed lunches
<b>One choice of the following 3 options:</b>					
Option 1	Pizza and chips (v)	Salmon fishcake served with new potatoes	Beef meatballs & pasta served in a tomato sauce	Chicken and vegetable pie served with baby potatoes	Choice of rolls or sandwiches filled with:
Option 2	Quorn spaghetti bolognese (v)	Sweet potato curry served with rice (ve)	Vegetarian haggis served with mashed potatoes (ve)	Tomato and basil pasta (ve)	Cheese (v) Tuna mayo Chicken slices Egg mayo (v)
Option 3	Jacket potato served with a selection of fillings	Jacket potato served with a selection of fillings	Jacket potato served with a selection of fillings	Jacket potato served with a selection of fillings	
Vegetables	Peas	Green beans	Peas and coleslaw	Broccoli	Crudités
Dessert	Seasonal fruit Fruit yogurt (v)	Seasonal fruit Blueberry cake (v)	Seasonal fruit Fruit yogurt (v)	Seasonal fruit Fruit yogurt (v)	Fresh fruit Yogurt (v) Soreen (ve)
Comments	<b>All soups are suitable for vegans, homemade and served with a selection of 50/50 breads.</b> <b>Salad selection available every day</b> <b>(v) = Vegetarian (ve) = Vegan</b>				