

Symptom and Action Flowchart for Focal Epileptic Seizures

Symptoms:

- **Absence seizure:** brief loss of awareness.
- **Atonic seizure:** “drop attack”, pupil fall straight down, normally recovers quickly.
- **Focal seizures with or without altered awareness:** may look blank, pale, lip licking/smacking, plucking at clothes.

DO NOT speak abruptly to the pupil.
DO NOT handle the pupil abruptly.

Note time
Speak calmly
Guide pupil to sit if standing

Does the seizure last longer than 10 minutes or the time specified in the pupil's individual healthcare plan?

YES NO

Is emergency medication prescribed for use in school?

Reorient pupil to:

- Place
- Time
- Task

YES

NO

Give medication as per School Healthcare plan.

Does the pupil have any injury that requires treatment?

Is the pupil beginning to respond to verbal stimuli?

YES

NO

Are you unsure or worried?

NO

YES

NO

YES

- Dial 999 for ambulance stating that the pupil is having an epileptic seizure.
- Follow instructions given by ambulance control staff.
- Stay with pupil.
- Reassure pupil.
- Contact parent/carer.

- After a seizure the pupil may feel sleepy.
- Allow pupil to rest in a quiet area.
- Inform parents/carers.
- Fill in epilepsy record chart.

Symptom and Action Flowchart for Generalised Tonic Clonic/Tonic/Clonic Seizures

Symptoms: goes stiff, would fall if standing, is unresponsive, eyes may deviate, colour may change, all limbs jerk/shake/twitch.

DO NOT try to move the pupil
DO NOT try to stop the pupil jerking
DO NOT put anything in the pupil's mouth

1. Note time.
2. Move furniture/object pupil could bang against.
3. Place something soft under pupil's head.

Does the seizure last longer than 5 minutes or the time specified in the pupil's individual healthcare plan?

YES

NO

Is emergency medication prescribed for use in school?

YES

Give medication as per School Healthcare plan.

Has the pupil stopped jerking or is relaxing after a further 5 minutes?

NO

NO

- Dial 999 for ambulance stating that the pupil is having an epileptic seizure.
- Follow instructions given by ambulance control staff.
- Stay with pupil.
- Reassure pupil.
- Contact parent/carer.

When pupil stops jerking/relaxes place on their side and cover them from the waist down in case of incontinence to minimise embarrassment.

Does the pupil have any injury that requires treatment?

NO

Is the pupil responding to stimuli?

YES

Are you unsure or worried?

NO

YES

NO

YES

1. After a seizure the pupil will probably feel sleepy.
2. Allow pupil to rest in a quiet area.
3. Inform parents/carers.
4. Fill in epilepsy record chart.