

# High School Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday
	Daily changing selection including; Hot filled rolls, scrambled eggs, omelettes, Quorn sausage and cheese muffins, oven baked potato scone, wholegrain cereals, porridge, savoury muffins, cereal bars, yogurt & fresh fruit			
	Cook's choice of homemade soup Broccoli and pea	Cook's choice of homemade soup Lentil	Cook's choice of homemade soup Sweet potato	Cook's choice of homemade soup Vegetable
	Beef chilli served with wholegrain rice and nachos	Cook's chicken curry served with wholegrain rice and cucumber dip	Bubble Salmon served with chips and mushy peas	Chicken sausages served with mashed potatoes, peas and carrots
	Veggie chili served with wholegrain rice and nachos	Veggie balls in tomato sauce served with baby potatoes, green beans and sweetcorn	Broccoli and pea pasta in a creamy sauce served with garlic bread	Quorn Best of British sausage served with mashed potatoes, peas and carrots
	Quorn burger in a wholemeal roll served with potato wedges and coleslaw	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll
	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis
	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries

**A breakfast and snack service operates on Friday**

Did you know we only use local butcher meat?

# High School Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday
	Daily changing selection including; Hot filled rolls, scrambled eggs, omelettes, Quorn sausage and cheese muffins, oven baked potato scone, wholegrain cereals, porridge, savoury muffins, cereal bars, yogurt & fresh fruit			
	Cook's choice of homemade soup Tomato and red pepper	Cook's choice of homemade soup Carrot	Cook's choice of homemade soup Sweet potato	Cook's choice of homemade soup Potato and Leek
	Thai chicken curry served sticky rice and flatbread	Butcher's Scotch beef mince homemade cottage pie served with cabbage	BBQ or sweet chilli glazed chicken served with vegetable rice and chunky tomato salsa	Fish of the day served with chips, peas and tartar sauce
	Sweet potato and spinach curry served with chilli noodles and garlic bites	Homemade vegetable and lentil cottage pie served with roast potatoes and cabbage	BBQ or Sweet chilli glazed halloumi served with vegetable rice and chunky tomato salsa	Macaroni cheese with a crunchy topping served with broccoli and cauliflower
	Plant based hot dog in a finger roll served with potato wedges and corn on the cob	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll
	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis
	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries

**A breakfast and snack service operates on Friday**

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# High School Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday
	Daily changing selection including; Hot filled rolls, scrambled eggs, omelettes, Quorn sausage and cheese muffins, oven baked potato scone, wholegrain cereals, porridge, savoury muffins, cereal bars, yogurt & fresh fruit			
	Cook's choice of homemade soup Sweet potato	Cook's choice of homemade soup Carrot	Cook's choice of homemade soup Lentil	Cook's choice of homemade soup Vegetable
	Chicken fajitas served with cheese, crème fraise and chunky tomato salsa	Asian salmon and sweet chilli fishcakes served with noodles and corn on the cob	Homemade chicken and vegetable pie served with baby potatoes and beans	Homemade pork meatball sub served with chips and salad
	Chunky Quorn fajitas served with crème fraise cheese and chunky tomato salsa	Quorn Best of British sausage casserole served with baby potatoes, peas and carrots	Tomato and vegetable pasta bake served with broccoli and cauliflower	Vegeball sub served with chips and side salad
	Quorn burger in a wholemeal roll served with potato wedges and coleslaw	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll	Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll
	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis	Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis
	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries	Cook's selection of home baking & pastries

**A breakfast and snack service operates on Friday**

Did you know we only use local butcher meat?

# High School Menu - Week 4

**Monday**

**Tuesday**

**Wednesday**

**Thursday**



Daily changing selection including; Hot filled rolls, scrambled eggs, omelettes, Quorn sausage and cheese muffins, oven baked potato scone, wholegrain cereals, porridge, savoury muffins, cereal bars, yogurt & fresh fruit



Cook's choice of homemade soup  
Tattie and leek

Cook's choice of homemade soup  
Vegetable

Cook's choice of homemade soup  
Lentil

Cook's choice of homemade soup  
Carrot



Quorn sausage stovies served with turnip and carrots

Fish finger wrap served with chips, peas and sweetcorn

Beef lasagne served with garlic bites and a side salad

Chicken korma served with chapati, rice and raita



Plant based hot dog topped with chunky salsa served in a finger roll with potato wedges, beans and corn on the cob

Quorn wrap served with chips, peas and sweetcorn

Veggie lasagne served with garlic bites and a side salad

Macaroni cheese with a crunchy topping served with broccoli and cauliflower



Veggie haggis sausage roll served with potato wedges peas and beans

Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll

Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll

Chicken or veggie burgers with mayo, tomato and lettuce served in a wholemeal roll



Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis

Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis

Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis

Selection of freshly made sandwiches, salad bowls, panini, baguettes, jacket potatoes, pizzinis



Cook's selection of home baking & pastries

**A breakfast and snack service operates on Friday**

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