City of Edinburgh Council Catering Service currently adheres to the following approach in the provision of school meals:

- For all allergens we have supplied those listed in the product ingredients.
 Please let your school know if your child has any special dietary needs/allergies.
You are required to complete a special diet request form which can be obtained from your school, this will be passed to the catering supervisor along with your child's menu choices.
This is required as the supervisor may need to make changes to the menu or use alternative products on occasion as a result of deliveries and product availability.

| Dish | Celery | Cereals <br> Containing Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame <br> Seeds | Soya | Sulphites |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Plant based hot dog in a finger roll |  | x |  |  |  |  |  |  |  |  |  | may contain | x | x |
| Cowboy beans |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Bubble salmon |  |  |  |  | x |  |  |  |  |  |  |  |  |  |
| Pasta Arrabbiata |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade chicken curry |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese and tomato pizza |  | x |  |  |  |  | x |  |  |  |  |  |  |  |
| Pork sausages |  | X |  |  |  |  |  |  |  |  |  |  |  | $\mathbf{x}$ |
| Quorn Best of British sausages |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn burger in a wholemeal roll |  | x |  | x |  |  | x |  |  |  |  |  | x |  |
| Mild veggie chilli |  |  |  |  |  |  |  |  |  |  |  |  | x |  |
| Roast chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Best of British sausage casserole |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Breaded fish fingers |  |  |  |  | x |  |  |  |  |  |  |  |  |  |
| Macaroni cheese |  | x |  |  |  |  | x |  |  |  |  |  |  |  |
| Scotch beef cottage pie |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetbale and lentil cottage pie |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Plant based bolognaise |  | x |  |  |  |  |  |  |  |  |  |  | x |  |
| Breaded salmon bites |  | X |  |  | X |  |  |  |  |  |  |  |  |  |
| Sweet potato and spinach curry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butcher's beef burger in a wholemeal roll |  | X |  |  |  |  |  |  |  |  |  |  | X | x |
| Vegetarian haggis |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken and vegetable pie |  | x |  |  |  |  | x |  |  |  |  |  |  |  |
| Broccoli and pea pasta |  | X |  |  |  |  | X |  |  |  |  |  |  |  |
| Vegetable paella |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


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| Veggie balls in a Spanish tomato sauce |  | x |  |  |  |  |  |  |  |  |  |  | x |  |
| Chicken meatballs in gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Scotch mince |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable nuggets |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Bubble fish |  |  |  |  | x |  |  |  |  |  |  |  |  |  |
| Rainbow pasta |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| BBQ coated sweetcorn ribs |  |  |  |  |  |  |  |  | x |  |  |  |  |  |
| Crusty bread |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Cucumber dip |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Homemade coleslaw |  |  |  | x |  |  |  |  |  |  |  |  |  |  |
| Yorshire pudding |  | x |  | x |  |  | x |  |  |  |  |  |  |  |
| Garlic bread |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal pitta bread |  | x |  |  |  |  | x |  |  |  |  |  |  |  |
| Homemade bread |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade cajun spiced |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade lentil |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade carrot |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade vegetable |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade broccoli and pea |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade minestrone |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade Spanish vegetable |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade tattie and leek soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked potato with cheese |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Baked potato with tuna |  |  |  | x | x |  |  |  |  |  |  |  |  |  |
| Baked potato with beans |  |  |  | x |  |  |  |  |  |  |  |  |  |  |


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| Sandwiches |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese sandwich |  |  |  |  |  |  | x |  |  |  |  |  | x |  |
| Chicken sandwich |  |  |  |  |  |  |  |  |  |  |  |  | x |  |
| Egg mayo sandwich |  |  |  | x |  |  |  |  |  |  |  |  | x |  |
| Tuna mayo sandwich |  |  |  | x | x |  |  |  |  |  |  |  | x |  |
| Vegan cheese sandwich |  |  |  |  |  |  |  |  |  |  |  |  | x |  |
| Desserts |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yogurt |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Fruit sponge |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Custard |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Ice cream |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Cheese and crackes |  | X |  |  |  |  | X |  |  |  |  |  |  |  |

