

WEEK 1

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza V	BBQ Chicken Served with Rainbow Rice HF	Roast Gammon Served with Mashed Potatoes and Gravy	Battered Pollock Served with Chips	Selection of Sandwiches Served with Fruit, Crudites and Yoghurt FA
JACKET POTATO	Jacket Potato with a choice of filling V	Jacket Potato with a choice of fillings including salmon mayo OF	Jacket Potato with a choice of filling V	Jacket Potato with a choice of filling V	
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit FA	Rice Pudding Pot	Banoffee Pie FA	Yoghurt and Fruit HF	

Packed lunch
Selection of sandwiches served with fruit, crudites and yoghurt

Available every day
Water, salad, freshly baked bread, yoghurt & fresh fruit

V Vegetarian OF Oily Fish W Wholegrain
FA Fruity! HF Nutritionist's Choice

WEEK 2

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Tomato Pasta Bake   	Beef Bolognese   Served with Wholegrain Pasta	Roast Chicken  Served with Roast Potatoes, Stuffing and Gravy	Salmon Fish Fingers Served with Chips	Selection of Sandwiches   Served with Fruit, Crudites and Yoghurt
JACKET POTATO	Jacket Potato  with a choice of filling	Jacket Potato  with a choice of fillings including salmon mayo	Jacket Potato  with a choice of filling	Jacket Potato  with a choice of filling	
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit  	Flapjack Served with Apple Wedges  	Yoghurt and Fruit  	Rice Pudding Pot	

Packed lunch
Selection of sandwiches served with fruit, crudites and yoghurt

Available every day
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**
 **Oily Fish**
 **Wholegrain**
 **Fruity!**
 **Nutritionist's Choice**

WEEK 3

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 	Sausage Hot Dog Served with Potato Wedges	Roast Beef Served with Roast Potatoes and Gravy	Battered Pollock Served with Chips	Selection of Sandwiches   Served with Fruit, Crudites and Yoghurt
JACKET POTATO	Jacket Potato  with a choice of filling	Jacket Potato  with a choice of fillings including salmon mayo	Jacket Potato  with a choice of filling	Jacket Potato  with a choice of filling	
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit  	Rice Pudding Pot	Lemon Cookie Served with Orange Wedges 	Yoghurt and Fruit  	

Packed lunch
Selection of sandwiches served with fruit, crudites and yoghurt

Available every day
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**
 **Oily Fish**
 **Wholegrain**
 **Fruity!**
 **Nutritionist's Choice**

WEEK 4

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese  	Oat Crusted Chicken   Served with Wholegrain Rice	Classic Beef Burger  Served with Potato Wedges	Salmon Fish Fingers Served with Chips	Selection of Sandwiches   Served with Fruit, Crudites and Yoghurt
JACKET POTATO	Jacket Potato  with a choice of filling	Jacket Potato  with a choice of fillings including salmon mayo	Jacket Potato  with a choice of filling	Jacket Potato  with a choice of filling	
All main meals are served with two vegetables					
DESSERT	Yoghurt and Fruit  	Crunchy Chocolate Mousse	Yoghurt and Fruit  	Rice Pudding Pot	

Packed lunch
Selection of sandwiches served with fruit, crudites and yoghurt

Available every day
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**
 **Oily Fish**
 **Wholegrain**
 **Fruity!**
 **Nutritionist's Choice**