

Contingency Learning Primary 1 Week 5



Literacy and English	Maths and Numeracy	Health and Wellbeing	
Sounds, sounds – practice reading the sounds you	Counting forwards – Count forwards within the range	Healthy eating - Design a healthy lunchbox and	
have learnt so far. Write them down on some paper or	1-10 or 1-20 stopping and starting at different	explain to someone in your family what makes it	
get an adult to help you. Then cut them out. Place	numbers.	healthy	
them on the floor. Ask an adult to call out a sound and			
you must jump on the correct one!			
Literacy and English	Maths and Numeracy	STEM	
Front Cover – Read a book or ask someone to read it	Make a number line – Write, draw or cut out numbers	Floating Boats Challenge - Using just 1 sheet of page	
to you. Have a chat about the story and what	from a magazine to create a number line. 1 - 10	and some paperclips design a raft that will hold as	
happened. Design a new front cover for your reading		many coins or marbles as possible. You can download	
book.		the activity card here to help you.	
		https://bit.ly/34E7YWs	
Literacy and English	Maths and Numeracy	Expressive Arts	
What's the word? - Find some words in your reading	Before and After - Pick a number between 1 and 20.	Music time! – Try to make a musical instrument using	
book and draw a picture to go with them.	Say the 3 numbers after that number.	items which you have in your house. You may wish to	
		make it out of junk you have, or you could use things	
	Challenge: Say the 3 numbers before it.	you have in the house. E.g. A shaker could be made	
		from empty bottles and rice/pasta. A guitar could be	
		made from a tissue box and some elastic bands.	
		Once made, turn on some music and play along to the	
		beat!	
Literacy and English	Maths and Numeracy	Social Studies	
Dictation - Ask someone to tell you a letter, word or	Months of the Year - Practise saying or writing the	What's the weather today? - Keep a weather diary for	
sentence.	months of the year.	5 days. Draw a picture and write the type of weather	
Can you write it down? Remember to listen to the	What month is it now?	each day.	
sounds carefully.	When is your birthday?		
	Extra: listen to the months of the year song and sing		
	along!		
	https://www.youtube.com/watch?v=Fe9bnYRzFvk		

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Literacy and English Frime chaffenge - How quickly can you write these red words? Did you spell them all correctly?

the was

go

Problem Solving

Memory game - Lay out a selection of toys. Now close your eyes and have someone hide one. Can you tell what is missing? Keep trying with different things being taken away.

Health and Wellbeing

Ball skills – Throw a ball in the air and catch the hearing bounce it on the floor and catch it again. How many times can you do this without losing control?

Under or Over - Create a bridge which you can roll a ball under and throw a ball over. Play with someone and each stand either side of the bridge. Shout 'over' or 'under' and throw the ball over or under the bridge. Can you catch the ball each time?

Thinking and Talking about My Learning - P1 & P2

Self-reflection Plenary

At the end of a day of learning you might like talk about your learning with someone else.

Roll a die to select 1 or 2 questions to get you started.

1	2	3	4	5	6
Were there any tasks	Did I make a good	Did I get stuck on a	Did I try going back to a	Did I find it easy to stay	How can I make sure I
today that I found too easy?	guess about how long each task would take?	task?	tricky task later?	on task today?	remember what I learned?
Why?		Did I give up or try a	Did that make a	What helped?	
Could I have added my own challenge?		different way?	difference?	What didata halan	
own challenge:		What did I try?		What didn't help?	