Edinburgh Active Travel Advent Calendar

Taking part in the starred (*) challenges could make you eligible for our <u>Sustrans</u> Prize Draw! See the next page for more details on how to win a £50 retail / restaurant voucher.

1 *

Christmas Tree, Oh Christmas Tree: Why not walk, cycle or wheel to your nearest lights display?

2

Net-Zero: Help achieve <u>Edinburgh's 2030 net zero carbon target</u> by using active travel alternatives to run errands.

3

Howdy Neighbour! Invite a neighbour or friend on a lunchtime walk, cycle or wheel. Aim for a 30-minute journey.

4 *

Get your Socks on: Wear your best festive socks out and go for a walk, cycle or wheel as many times as you can during the day!

5

On your Bike! Make the most of <u>Edinburgh Cycle Hire's</u> free 30min promotion and take a spin around your local area.

6 *

Heaven on Earth: Walk, cycle or wheel to your local beauty spot.

7

And on the Pod today: Listen to a full podcast while on a walk.

8

Postman Pat: Instead of delivering your cards to the nearest post box, why not walk, cycle or wheel to one further away?

9

Working Lunch: Meet a colleague or friend for a picnic at a place where you can both get to by bicycle or foot. Remember to wear plenty of layers!

10

On your Marks: Walk, cycle or wheel around the block as fast as you can. Why not make it a race with neighbours / household?

11

Hello? Whilst out on a walk, cycle or wheel, stop off at a safe spot and make a call. It can be for work or a friendly catch-up with a friend.

12 *

International Mountain Day: Incorporate a hill into your walk, cycle or wheel. It doesn't matter what the incline is!

13 *

Active Bingo: Get the family involved and create a bingo board with various key and interesting places to visit in and around Edinburgh

14

Sunset: Get a picture of the evening sunset on a walk, cycle or wheel.

15

Any Mince Pies Left? Walk, cycle or wheel to your local shop to grab those Christmas essentials.

16 *

Early Bird Catches the Worm: Complete a 20-minute walk, cycle or wheel before starting your day.

17

A Day with the Fishes: Walk, cycle or wheel along the North Edinburgh Shore.

18

On Silent: Leave your phone at home and embrace the calming sounds of local nature on a walk, cycle or wheel

19 *

Now that's a picture! Walk, cycle or wheel to one your nearest areas of street artwork.

20 *

Shop Local! Why not support local traders and walk, cycle or wheel to <u>your nearest outdoor market or</u> <u>local shop</u>.

21 *

Winter Solstice: Have a walk, cycle or wheel to capture a photo of the sunrise / sunset on the shortest day of the year.

22

Into the Unknown: Go for a walk, cycle or wheel somewhere you have never been before. Let the kids decide on the route!

23

Scavenger Hunt: Tally up all the various animals / plants you see while on a walk, cycle or wheel.

24

Santa's Coming! Listen to Christmas songs while you're out and about.

Prizes Information

Taking part in the below challenges could put you in with a chance to win our <u>Sustrans</u> Prize Draw! To win either a £50 Love to Shop Voucher or £50 voucher for a local shop / hospitality venue of your choice, follow the below steps:

- Take part in any of the below challenges there isn't a limit to the number of challenges you can enter (although entries for each challenge are limited to one per person).
- Share your challenge-related picture on your own personal social media pages with the hashtags **#EdinburghActiveAdvent #ActiveTravelChampions**
- To enter yourself into the draw, send your picture & screenshot of your social media post to <u>edinburghworkplaces@stantec.com</u>. No problem if you aren't on social media, just email your picture to the above address.
- We'll then contact you with further information if you are a lucky winner!

All personal information will be stored in line with GDPR regulations – for more information, please see our <u>website</u>.

1

Christmas Tree, Oh Christmas Tree: Best picture of visited Christmas lights

4

Get your Socks on: Best snap of the craziest novelty socks whilst out and about

6

Heaven on Earth: Best picture of visited beauty spot

12

International Mountain Day: Best picture of a hilltop view

13

Active Bingo: Best collage of visited sites

16

Early Bird Catches the Worm: Best snap of early morning walk, cycle or wheel

19

Now that's a picture! Best snaps of the local street artwork

20

Shop Local! Best picture of a local purchase – make sure to tag the local business!

21

Winter Solstice: Best picture of the winter sunrise

On the three weekends leading up to Christmas, <u>Edinburgh Cycle Hire</u> are offering 30mins of free cycle hire – so what better way to get on a bike while taking part in the calendar!

Also be sure to keep an eye out for their #SantaCycles campaign, where you could be in with the chance of winning even more prizes.

For route ideas and maps, please visit the Council's cycling and walking pages.

The Council is creating more space for walking and cycling due to the COVID-19 pandemic, for more information go to <u>Spaces for People</u>.

The Council promotes considerate use of shared spaces. For more information, go to Paths for Everyone.