COVID-19 Workplace Travel Planning Update

We truly hope you're all doing well during these uncertain times. This is just a brief reminder that we are here to assist in any capacity that we can.

This newsletter does not intend to add to the employerspecific information provided by both the <u>Government</u> & .<u>City</u> of Edinburgh Council

As we adjust to what's going on in the world, working from home has become the new norm for many of us over these past the few weeks. This arrangement may **still** pose a new challenge for those who've never experienced remote working, especially if you're used to a wellestablished routine at your workplace and being surrounded by lots of people. For the Workplace Travel Planning Team we're business as usual and whilst we all work from home, we will be developing and refining our support offer for these unusual times.

The WPTP will continue to be available - and whilst still in development - this support will consist of advice on how to build your organisation's capacity for remote working. Specifically, this will include:

- Relevant Well-Being Strategies on how to maintain both mental and physical well-being;
- Advice & Information on how to build remote working capacity, including information on resource planning, technological advice etc;
- Best Practice of working from home techniques;

In the meantime, information on how to look after your well-being can be found on the Council's <u>website</u>. If you have any questions please do not hesitate to get in touch at:

edinburghworkplaces@stantec.com