

October to December Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Snack Pack Choice	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling
Hot Choice	Cheesy pasta & garlic bite (v)	Mediterranean swirl with salad (ve)	Crispy Quorn dippers with sweet and sour sauce (v)	Veggie balls with tomato sauce and garlic bread (ve)	
Sides	Veggie sausages and dip (ve) Yogurt Mixed berries	Carrot sticks and dips (ve) Sponge cake Grapes	Cheese and vegetable puff (v) Chocolate cookie Fresh pineapple chunks	Cheese and vegetable dippers (v) Melon Jelly pot	Yogurt or jelly pot Fruit
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Snack Pack Choice	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling
Hot Choice	Arrabiata pasta with crusty bread (ve)		Quorn burger (v)	Texas BBQ bean and potatoes (ve)	
Sides	Pepper sticks (v) Fruit mousse Mandarin segments	Pizza slice & slaw (v) Brownie Mixed berries	Cheese cubes and cherry tomatoes (v) Yogurt Melon cubes	Baby corn (v) Trifle Grapes	Yogurt or jelly pot Fruit
Notes	*Soup available in selected schools **Water and milk served daily ***Special diets catered for on request				Key – (v) Vegetarian (ve) Vegan

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Snack Pack Choice	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling
Hot Choice	Veggie hot dog (ve)	Veggie haggis with mashed potatoes and turnip (ve)	Vegetable nuggets with sweet chilli noodles (ve)	Tomato and veg pasta (ve)	
Sides	Pasta salad (v) Yogurt Blueberries	Veggie sticks and dip (v) Jelly pot Melon chunks	Cherry tomatoes (v) Raspberry muffin Fresh pineapple chunks	Salad pot (v) Fruit mousse Grapes	Yogurt or jelly pot Fruit
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Snack Pack Choice	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling	Roll with a choice of chicken, cheese, egg or tuna filling	Sandwich with a choice of chicken, cheese, egg or tuna filling
Hot Choice		Veggie sausage roll (ve)	Rainbow red pesto pasta (ve)	Frittata with salad (v)	
Sides	Pizza slice (v) Veggie sticks and dip (v) Mandarin segments Sponge cake	Potato salad (v) Oat cookies Pineapple sticks	Cheese scone (v) Fruit mousse Mixed berries	Rainbow slaw (v) Apple cake Blueberries	Yogurt or jelly pot Fruit
Notes	*Soup available in selected schools **Water and milk served daily ***Special diets catered for on request				Key – (v) Vegetarian (ve) Vegan

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