

THIS WEEK'S Eats

Week One

Everyday faves!

FOOD UNION
BY CHARTWELLS



	option one	option two	Jackets	Pizza & Pasta	Paninis & Toasties	Sandwiches	Salad
MON	<p>Black Eyed Bean & Sweetcorn Tortilla Pie with Wholegrain Rice (Vegan)</p> <p>Sweet Chilli Broccoli Peas</p>	<p>Vegetable Chow Mein (Vegan)</p> <p>Sweet Chilli Broccoli Peas</p>	<p>Baked beans (V)</p> <p>Cheese (V)</p> <p>Tuna Mayo</p> <p>Coleslaw (V)</p> <p>Salmon Mayo</p>	<p>Margherita Pizza (V)</p> <p>Herby Tomato Pasta (V)</p> <p>Arrabbiata Pasta (V)</p>	<p>Cheese and Tomato Sauce Panini (V)</p> <p>Cheese and Bean Toastie (V)</p> <p>Tuna Melt Panini</p>	<p>Cheese Sandwich (V)</p> <p>Cheese Ploughman's Sandwich (V)</p> <p>Egg Mayo Sandwich (V)</p> <p>Chicken Mayo Sandwich</p>	<p>Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes</p>
TUE	<p>Beef Burger with Baked Garlic & Herb Potato Wedges</p> <p>Crunchy Raw Slaw</p> <p>Corn on the Cob</p>	<p>Feta & Beetroot Burger with Baked Garlic & Herb Potato Wedges (V)</p> <p>Crunchy Raw Slaw</p> <p>Corn on the Cob</p>	<p>Baked beans (V)</p> <p>Cheese (V)</p> <p>Tuna Mayo</p> <p>Coleslaw (V)</p> <p>Salmon Mayo</p>	<p>Margherita Pizza (V)</p> <p>Herby Tomato Pasta (V)</p> <p>Arrabbiata Pasta (V)</p>	<p>Cheese and Tomato Sauce Panini (V)</p> <p>Cheese and Bean Toastie (V)</p> <p>Tuna Melt Panini</p>	<p>Cheese Sandwich (V)</p> <p>Cheese Ploughman's Sandwich (V)</p> <p>Egg Mayo Sandwich (V)</p> <p>Chicken Mayo Sandwich</p>	<p>Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes</p>
WED	<p>Lemon Roasted Chicken Breast</p> <p>Roast Potatoes, Carrots, Cabbage and Gravy</p>	<p>Vegetable Pastry Slice (V)</p> <p>Roast Potatoes, Carrots, Cabbage and Gravy</p>	<p>Baked beans (V)</p> <p>Cheese (V)</p> <p>Tuna Mayo</p> <p>Coleslaw (V)</p> <p>Salmon Mayo</p>	<p>Margherita Pizza (V)</p> <p>Herby Tomato Pasta (V)</p> <p>Arrabbiata Pasta (V)</p>	<p>Cheese and Tomato Sauce Panini (V)</p> <p>Cheese and Bean Toastie (V)</p> <p>Tuna Melt Panini</p>	<p>Cheese Sandwich (V)</p> <p>Cheese Ploughman's Sandwich (V)</p> <p>Egg Mayo Sandwich (V)</p> <p>Chicken Mayo Sandwich</p>	<p>Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes</p>
THUR	<p>Home-made Battered Fish with Chips</p> <p>Peas</p> <p>Baked Beans</p>	<p>Dirty Fries with Vege Chilli (Vegan)</p> <p>Peas</p> <p>Baked Beans</p>	<p>Baked beans (V)</p> <p>Cheese (V)</p> <p>Tuna Mayo</p> <p>Coleslaw (V)</p> <p>Salmon Mayo</p>	<p>Margherita Pizza (V)</p> <p>Herby Tomato Pasta (V)</p> <p>Arrabbiata Pasta (V)</p>	<p>Cheese and Tomato Sauce Panini (V)</p> <p>Cheese and Bean Toastie (V)</p> <p>Tuna Melt Panini</p>	<p>Cheese Sandwich (V)</p> <p>Cheese Ploughman's Sandwich (V)</p> <p>Egg Mayo Sandwich (V)</p> <p>Chicken Mayo Sandwich</p>	<p>Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes</p>
FRI	<p>Chicken Korma with Wholegrain Rice</p> <p>Sweetcorn Broccoli</p>	<p>Yellow Vegetable Curry with Wholegrain Rice (Vegan)</p> <p>Sweetcorn Broccoli</p>	<p>Baked beans (V)</p> <p>Cheese (V)</p> <p>Tuna Mayo</p> <p>Coleslaw (V)</p> <p>Salmon Mayo</p>	<p>Margherita Pizza (V)</p> <p>Herby Tomato Pasta (V)</p> <p>Arrabbiata Pasta (V)</p>	<p>Cheese and Tomato Sauce Panini (V)</p> <p>Cheese and Bean Toastie (V)</p> <p>Tuna Melt Panini</p>	<p>Cheese Sandwich (V)</p> <p>Cheese Ploughman's Sandwich (V)</p> <p>Egg Mayo Sandwich (V)</p> <p>Chicken Mayo Sandwich</p>	<p>Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes</p>

THIS WEEK'S Eats

Week Two

Everyday faves!

FOOD UNION
BY CHARTWELLS



	option one	option two	Jackets	Pizza & Pasta	Paninis & Toasties	Sandwiches	Salad
MON	Topped Mac N Cheese Crispy Cauliflower Topper (V) Sweetcorn Broccoli	Vegetable Biryani (Vegan) Sweetcorn Broccoli	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
TUE	Creamy Fish Pasta Bake Green Beans Chop Chop Side Salad	Blackeye Bean Veggie Burger with Fajita Potato Wedges (Vegan) Green Beans Chop Chop Side Salad	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
WED	Roast Pork with Stuffing & Apple Sauce Roast Potatoes, Carrots, Cabbage and Gravy	Sweet Potato & Chickpea Roast (Vegan) Roast Potatoes, Carrots, Cabbage and Gravy	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
THUR	Home-made Battered Fish with Chips Baked Beans Peas	Vegan Sausage Roll with Chips (Vegan) Baked Beans Peas	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
FRI	Beef Lasagne with Garlic and Herb Bread Peas Coleslaw	Vegetable Bolognese with Pasta (Vegan) Peas Coleslaw	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes

THIS WEEK'S Eats

Week Three

Everyday faves!

FOOD UNION
BY CHARTWELLS



	option one	option two	Jackets	Pizza & Pasta	Paninis & Toasties	Sandwiches	Salad
MON	Mexican Veggie Burrito (Vegan) Sweetcorn Peas	Topped Mac N Cheese Crispy Cauliflower Topper (V) Sweetcorn Peas	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
TUE	Blackeye Bean Veggie Burger with Chipotle Wedges (Vegan) Broccoli Corn Slaw	Chicken Chow Mein with Stir Fried Veg	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
WED	Roast Glazed Ham Roast Potatoes, Carrots, Cabbage and Gravy	Cheesy Vegetable Pie (V) Roast Potatoes, Carrots, Cabbage and Gravy	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
THUR	Home-made Battered Fish and Chips Peas Baked Beans	Dirty Fries with Cheese, Tomato and Spring Onion (V) Peas Baked Beans	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
FRI	Thai Red Chicken Curry and Rice Lime Spiced Sweetcorn Broccoli	Thai Green Vegetable Curry and Rice (Vegan) Lime Spiced Sweetcorn Broccoli	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes

THIS WEEK'S Eats

Week Four

Everyday faves!

FOOD UNION
BY CHARTWELLS



	option one	option two	Jackets	Pizza & Pasta	Paninis & Toasties	Sandwiches	Salad
MON	Quorn Burrito (V) Broccoli Crunchy Raw Slaw	Boston Bean Pot and Wholemeal Rice (Vegan) Broccoli Crunchy Raw Slaw	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
TUE	Chicken Pitta with Lime and Coriander Sauce Chipotle Potato Wedges Peas Corn on the Cob	Smoky Cauliflower Cheese (V) Peas Corn on the Cob	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
WED	Roast Pork with Stuffing & Apple Sauce Roast Potatoes, Carrots, Cabbage and Gravy	Sweet Potato and Squash Casserole (Vegan) Roast Potatoes, Carrots, Cabbage and Gravy	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
THUR	Home-made Battered Fish with Chips Peas Baked Beans	Vege Ball Marinara Roll (Vegan) Peas Baked Beans	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes
FRI	Chicken Tikka Masala with Wholegrain Rice Cucumber Raita Green Beans	Vegetable Chilli with Wholegrain Rice (Vegan) Cucumber Raita Green Beans	Baked beans (V) Cheese (V) Tuna Mayo Coleslaw (V) Salmon Mayo	Margherita Pizza (V) Herby Tomato Pasta (V) Arrabbiata Pasta (V)	Cheese and Tomato Sauce Panini (V) Cheese and Bean Toastie (V) Tuna Melt Panini	Cheese Sandwich (V) Cheese Ploughman's Sandwich (V) Egg Mayo Sandwich (V) Chicken Mayo Sandwich	Mixed Side Salad served with Jackets, Pasta, Pizza, Grab & Go Dishes

HEALTHY SNACKING AND BAKERY

FOOD UNION
BY CHARTWELLS



	Served Daily
HEALTHY SNACKING	Seasonal Sliced Fruit Selection of Whole Fruit Yoghurt
BAKERY	Cookies Muffins Flapjack