

Reshaping Care for Older People - Change Fund

Health, Social Care and Housing Committee

11 October 2011

Purpose of report

- 1 This report seeks endorsement from the Health, Social Care and Housing Committee for the Change Fund Plan for Older People's Services for 2011-13.

Main report

- 2 A series of reports have been considered by the Health, Social Care and Housing Committee on the development of a plan for investment of the Change Fund. The most recent report, on 16 August 2011, detailed each area of work for which proposals were being developed.
- 3 The Edinburgh Partnership's share of the £70m National Change Fund is £6.013m for 2011/12. The Scottish Spending Review 2011 and Draft Budget 2012/13 suggest that the national fund will increase to £80m in 2013/14. The Edinburgh Change Fund Plan detailed in Appendix 1 includes a full year over-commitment on the year 1 allocation by around £300,000 in anticipation of the year 2 increase. The plan will continue to be reviewed subject to further confirmation of Edinburgh's future allocation.
- 4 This report presents the recommendations of the Change Fund Core Group which is leading the Change Fund work and has representation from across acute, primary, secondary and social care services, the third and independent sectors (Core Group membership - Appendix 2).
- 5 Work streams are at various stages of implementation, some areas for early implementation were reported previously, including enhancement of the homecare re-ablement service, extension of the new model of care within older people's rehabilitation and stroke services, medication procedures for care at home and the enhanced supported discharge test phase.
- 6 Other work streams agreed by the Core Group on 5 September, following further development of proposals, include investment in intermediate care and community based stroke services, day services for older people, telehealth, telecare and equipment and adaptations and support for people with dementia and their carers. Building

community capacity is a key theme of the Change Fund and funding to expand Community Connecting across the city has been agreed. An innovation fund will be used to deliver a range of low-intensity, preventative services and the process for allocating this fund is being developed in partnership with Edinburgh Voluntary Organisations Council. Support for carers is an essential part of Reshaping Care for Older People and all work streams will be expected to demonstrate a positive impact on carers. In addition, £100,000 has been allocated to carer support.

- 7 Evaluating the impact of the work streams on the high level objectives of the plan will be crucial to inform future planning. An allocation has been made to use the 'Transformation Station' model, which has been shown to be successful in mental health services, to build a rigorous research and evidence base for older people's services and to deliver cultural change throughout the organisations involved.
- 8 The work streams agreed on 5 September are at a later stage of implementation. Areas of non-recurrent investment are being considered in line with the criteria for the Change Fund, for example telecare/ telehealth, equipment and adaptations and training.

Equalities Impact

- 9 The Change Fund builds on the work of Live Well in Later Life, the Joint Capacity Plan for Older People, which was subject to a full Equalities Impact Assessment when developed. Relevant screening will be undertaken as part of any new services and Equalities Impact Assessments completed as appropriate. Any recommendations arising from these assessments will require to be progressed by lead officers for the work streams.
- 10 Where existing services are being enhanced, previous Equalities Impact Assessments will be referred to. The Evaluation Framework being developed for the Change Fund will include any impact on groups with protected characteristics and responsibilities under Equalities legislation.

Financial Implications

- 11 The Edinburgh Partnership's share of the £70m National Change Fund is £6.013m for 2011/12. Allocations for 2012/13 and future years are yet to be confirmed.

Environmental Impact

- 12 There are no adverse environmental impacts arising from this report.

Recommendations

- 13 It is recommended that the Health, Social Care and Housing Committee:
 - a) endorses the plan for investment of the Change Fund for Older People's services.

Peter Gabbitas
Director of Health and Social Care

Appendices	1– Edinburgh Change Fund Plan 2 – Change Fund Core Group membership
Contact/tel/Email	Peter Gabbitas, Director of Health & Social Care peter.gabbitas@edinburgh.gov.uk 0131 553 8201
Wards affected	All
Single Outcome Agreement	Supports National Outcome 6 - <i>We live longer, healthier lives</i> Supports National Outcome 15 - <i>Our public services are high quality, continually improving, efficient and responsive to local people's needs</i>
Background Papers	

Edinburgh Change Fund Plan

Care pathways (including intermediate and short term care)				
Work stream	Recurrent Annual Investment	Non-Recurrent Investment	Summary	Key outcomes/ outputs
Re-ablement	£1,145,060		Further development of the Re-ablement service to enable all those discharged from hospital, referred for home care in the community or requiring additional support to keep them at home, go through the re-ablement process.	<ul style="list-style-type: none"> • Increase balance of care • Reduce length of hospital stay • Number and % of people referred for support at home receiving the re-ablement service • Reduction in the size of care packages achieved through the re-ablement service • Number of contacts to reablement teams in the period
Community Therapy Services	£1,069,340		Building on learning from the model of care within orthopaedic and stroke services, and augmenting existing Intermediate Care services to meet increased demand for community based rehabilitation services, including stroke, physiotherapy and speech and language therapy.	<ul style="list-style-type: none"> • Increase balance of care • Reduce length of hospital stay • Reduce number of delayed discharges • Reduce emergency inpatient bed days rates for people aged 75+ • Reduce number of people 65+ age group admitted as an emergency twice or more to acute specialities per 1,000 pop.
Day Services	£134,000		Expanding a re-ablement approach to day care services and extending opening of day services at weekends, to provide more flexible services and essential respite for carers.	<ul style="list-style-type: none"> • Increase balance of care • Quality outcomes for those with dementia • Improved support for carers • Impact of Re-ablement approach on individual goals
Community Nursing	£97,722		Increase capacity of the IMPACT nursing team and to allow closer working with Re-ablement and Intermediate Care services.	<ul style="list-style-type: none"> • Increase balance of care • Reduce length of hospital stay • Reduce number of delayed discharges

				<ul style="list-style-type: none"> • Reduce emergency inpatient bed days rates for people aged 75+ • Reduce number of people 65+ age group admitted as an emergency twice or more to acute specialities per 1,000 pop.
Enhanced Supported Discharge		£118,000	A 12 week test period has been completed to deliver enhanced hospital, community and social care support to help people return home from hospital. Learning from this work will be built into enhancements in community based services.	<ul style="list-style-type: none"> • Reduced bed days by av 5.2 days
Longer term care services and settings (including complex care and overnight services)				
TeleHealth	£120,260 plus £63,000 capital equipment costs		Additional funding for telehealth services and equipment to support people with long term conditions in the community.	<ul style="list-style-type: none"> • Increase balance of care • Reduce rates of emergency bed days for the 75+ age group per 1,000 pop, • % 65+ patients with complex care needs being cared for at home via telehealth • Increase number of installations • Quality outcomes: increased feelings of safety
Telecare	£180,000 capital equipment costs	£105,228 revenue costs	Additional funding for telecare services and equipment to support people with health and social care needs in the community.	<ul style="list-style-type: none"> • Increase balance of care • Percentage of hospital admissions of all call outs • Number of call outs per month • Improved response times
Overnight Service	£300,000		Expansion of the overnight homecare service from 3 teams to 5 to enable people to come home from hospital, prevent them being admitted and provide important respite for their carers.	<ul style="list-style-type: none"> • Increase balance of care • Reduce number of delayed discharges • Reduce emergency inpatient bed days rates for people aged 75+
Home Care/ Care	£600,000		Additional capacity for home care/ care at	<ul style="list-style-type: none"> • Increase balance of care

at Home			home to meet demand from shifting the balance of care.	<ul style="list-style-type: none"> • Reduce number of delayed discharges • Reduced waiting list for care package • Reduced blocking of other services
Step Up Step Down	-		No allocation made as part of Change Fund for 2011/12. However development work will be undertaken to scope a model which will include Care Home Providers.	
Dementia Services	£409,865		Service will provide preventative and education strategies on understanding and managing behaviour to informal carers, care homes, supported housing and inpatient facilities. Team will include people with lived experience of dementia as Carer Mentors.	<ul style="list-style-type: none"> • Reduce number of people 65+ age group admitted as an emergency twice or more to acute specialities per 1,000 pop. • Reduced difficulty placing people with challenging behaviour • Reduced carer stress (paid and informal)
Medication review	£60,130		Additional capacity within community pharmacy to review medication packages. To target older people who receive regular home visits to dispense medication.	<ul style="list-style-type: none"> • Reduction in number of home visits required for medication. • Reduced emergency admissions due to medication errors
Medication procedures – care at home	£120,000	£44,000	Supporting independent sector providers to progress adoption of Council Medication procedures to consistency in training and procedures across in house and externally provided home care services.	<ul style="list-style-type: none"> • Balance of care • Reduce rates of emergency bed days for the 75+ age group per 1,000 pop, • Reduced delays for waits for medication support to be arranged • Number of people provided with MAR sheets
Equipment and adaptations	£206,715		Allocation to meet the increased demand for equipment and adaptations in people's homes to support the shift to more community based services.	<ul style="list-style-type: none"> • Balance of care • Reduce rates of emergency bed days for the 75+ age group per 1,000 pop, • % 65+ patients with complex care needs being cared for at home • Increase number of equipment packages • Reduced waiting times for deliveries

				<ul style="list-style-type: none"> • Quality outcomes: increased feelings of safety
Case finding and management and anticipatory care	£90,195		Develop systems using the East Dumbartonshire model to increase systematic finding of cases, engagement of GP practices including identification of repeat admissions into the acute system and linkages to respite patients at increased risk of admission.	<ul style="list-style-type: none"> • Reduce number of people 65+ age group admitted as an emergency twice or more to acute specialities per 1,000 pop.
Co-production and community capacity				
Community connecting	£400,000		Expanding the community connecting projects currently being piloted in Western and South Central Neighbourhood Partnerships to support older people to connect with local community activities, helping to regain skills, confidence and prevent social isolation.	<ul style="list-style-type: none"> • Reduce social isolation • Reduce rates of emergency bed days for the 75+ age group per 1,000 pop • Reduce number of delayed discharges • Improved mental health & wellbeing • Improved support for carers
Carers	£100,000		All of the work streams provide significant support to carers. In addition, proposals are being developed for focussed work to prevent carer crisis.	<ul style="list-style-type: none"> • Improved support for carers • Reduce rates of emergency admission due to carer break down • Personalisation of carer support
Community transport	£150,000		To develop a volunteer driver scheme to provide improved access for older people to get hospital, clinics, GP appointments, day care and social activities.	<ul style="list-style-type: none"> • Reduction in missed health appointments • Reduced isolation • Improved mental health & wellbeing
Innovation Fund	£552,600		It is proposed that a significant proportion of the Change Fund budget for Community Capacity Building and Co-production should be allocated to investment in low-intensity services with high impact for older people. These services will contribute to the overall Change Fund objectives by focusing on	<ul style="list-style-type: none"> • Reduced isolation • Improved mental health & wellbeing • Building community capacity • Increasing social capital • Reduction in delayed discharges • Reduction in hospital admissions • Increased care & resilience

			preventative and anticipatory care, adopting an asset based approach, and using principles of co-production and support for volunteers.	<ul style="list-style-type: none"> • Increased flexibility in support provision • Intergenerational work • Improved support for volunteers • Increased care & resilience
Training, communication and culture change				
Transformation Station	£135,000		Build on successful work within mental health services which uses a research and evidence based approach to change culture and transform services.	<ul style="list-style-type: none"> • To inform planning based on evidence to achieve key outcomes • To facilitate service redesign and cultural change • To improve programme evaluation
Communication, engagement, support and evaluation	£150,000		General costs to cover training and development, printing, consultancy/ facilitation, room hire, catering and other support.	<ul style="list-style-type: none"> • To develop shared understanding across system • To effectively engage with staff, service users and carers
Project infrastructure and support	£231,920		Communications, planning and commissioning, finance, research and information, and cultural change support.	<ul style="list-style-type: none"> • To support the effective delivery of the change fund

Total recurrent investment: £6,315,807

EDINBURGH CHANGE FUND CORE GROUP MEMBERSHIP

Peter Gabbitas	Director of Health and Social Care (Chair)
Adrian Lewis	Private Sector Lead, Scottish Care
Chris Bruce	Joint Improvement Team, Scottish Government
David King	Finance Manager, Edinburgh Community Health Partnership, NHS Lothian
Dorothy Hill	Communications Manager, Health and Social Care, City of Edinburgh Council
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Karen Dallas	Finance Manager, Health and Social Care, City of Edinburgh Council
Katie McWilliam	Strategic Programme Manager for Older People, NHS Lothian
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Caroline Clark	Executive Assistant to the Director of Health and Social Care