



◆ EDINBURGH ◆
THE CITY OF EDINBURGH COUNCIL



It's in our hands

To talk to us phone one of
these numbers:

Social Care Direct 200 2327

Police 0131 311 3131

ChildLine 0800 1111

Remember, you have a right
to be safe and to be listened
to and taken seriously. If you
do not feel safe SPEAK TO
SOMEONE who can help you.

We
can
help
you

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**Nobody
should hurt
you ...**

All young people have a right to grow up in a caring and safe environment. It's everyone's responsibility to make sure that you are safe and well cared for.

If you are worried or need help please talk to an adult that you trust. This person may be a family member, friend, school counsellor teacher, GP or youth worker.

If you feel that the person you have spoken to has not listened, or is not taking you seriously then you can talk to someone specially trained in helping to protect and support young people. These people include social workers and police officers. Each school should also have a teacher with responsibility for child protection.

... so talk to us

It may be difficult to talk about matters which affect not only you but also your family. In some cases you may feel afraid that the adults involved will get into trouble. In the majority of cases young people are not removed from home. We work to keep you and your family together. However, if you are at risk of serious harm we will take steps to ensure you are protected.