

Item 6.3 Report

Action 15 Funding

Edinburgh Integration Joint Board

21 June 2019



Executive Summary

1. The purpose of this report is to seek approval to enact the priorities and actions agreed by the Mental Health Working Group and Mental Health Partnership; to support the Scottish Government's Mental Health Strategic commitment to provide funding to support the employment of 800 additional mental health workers across Scotland, to improve access in key settings such as Accident and Emergency departments, GP practices, police station custody suites and prisons.

Recommendations

2. The Integration Joint Board (IJB) is asked to:
 - i. Support the priorities proposed by the Mental Health Partnership, Mental Health Working Group and the Health and Social Care Executive Management Team which are linked to the draft Strategic Plan and Thrive implementation plan
 - ii. Agree the financial allocations set out in section 8.1

Background

3. In May 2018 the funding allocations to deliver on the commitment to support the employment of 800 additional mental health workers to improve access in key settings such as Accident and Emergency departments, GP practices, police station custody suites and prisons were confirmed by the Scottish Government to Chief Officers. Initial spending plans were requested by 31 July 2018.
4. The Mental Health Partnership Group and the Mental Health Working Group proposed plans for Edinburgh in July 2018. Subsequently, there was discussion between the Chief Officers for Edinburgh, East Lothian, Midlothian and Senior Government Officers querying the fairness of the allocation process given the location of custody and prisons across the partnership areas. No change was made to the allocation following this intervention.

5. Partnerships are required to report progress with spending plans and increase to the workforce to the newly established Mental Health Directorate. Edinburgh's total allocation is £2,662,414 by 2021-22 with an anticipated work force growth of 8.2% which is equivalent to 66.56 WTE.
6. This report sets out the spending plans for 2019-20 and 2020-21.

Main report

7. The Thrive Edinburgh Adult Health and Social Care Implementation Plan has six work streams:
 - Building Resilient Communities
 - Place to Live
 - Get Help When Needed
 - Closing the Inequalities Gap
 - Rights in Mind
 - Meeting Treatment Gaps
8. Within each work stream a number of draft directions have been set out. A number of these within the "Get Help When needed" workstream are most pertinent to informing the allocation.
9. When people need help it's important that they are able to access the support they need in a timely manner, for both planned and unplanned care. We need to reduce barriers to access and ensure that there is clear assessment and formulation which in turn leads to care, support and treatment being matched to the individual's needs. We also need to recognise and respond to the needs that friends, partners, families and carers have in terms of supporting their loved ones.
10. The Edinburgh Wellbeing Public Social Partnership created locality and city-wide programmes and initiatives which bring together services to support people's mental health and wellbeing. This co-produced work was instrumental in Edinburgh being selected as one of four UK sites (funded by the Big Lottery) to implement the lessons learnt for the Living Well Lambeth programme which transformed access to mental health services within that London borough. The successful application has resulted in £300,000 funding over a three-year period to support the development and implementation of the Thrive Centres / Networks. This funding is being used in year one to fund a Design Team comprising of staff seconded from health, social care and third sector services with service user and carer representation. The team meet regularly in facilitated design sessions with members of the UK Living Well Team. An independent evaluation across four sites is funded in addition to this allocation. An outcomes framework with key performance indicators will be agreed across all four UK sites with data collection and analysis supported by the evaluation team.
11. The introduction of open access "Thrive" centres across the city with multi agency and multi professional teams offering brief assessment and formulation leading to a jointly agreed plan with the client regarding next steps. These next steps may include support with social problems; distress brief intervention; psycho-education;

- community connecting; employment and meaningful activities; arts; green activities; group psychological therapy; individual psychological therapy; medication review. The implementation of Thrive Centres and Networks will radically transfer our city's mental health services and builds on the collaborative delivery model established by the Edinburgh Wellbeing Public Social Partnership programme. 2019-20 is being considered as a year of transitioning from the current model to the new model and non-recurring allocation of funding will be used to address the needs of those who have waited longest, this will include reformulation with clients from statutory and third sector staff in line with the model which will be implemented in April 2020.
12. In Edinburgh, Psychological Therapies Teams and Primary Care Liaison Teams provide a range of evidence based psychological therapies in each locality, alongside a number of specialist services for people with specific conditions. There has been a consistent increase in the demand for psychological therapies and significant numbers of people are waiting over the recommended Government standard of 18 weeks to receive the treatment they have been assessed as requiring. As at 31 March 2019 there are 1,348 people assessed and waiting for treatment for over 18 weeks.
 13. A number of new initiatives such as Computerised Cognitive Behavioural Therapy (C-CBT) and group psychological therapy programmes have been introduced across the city.
 14. The Scottish Government has supported the further rollout of the Prospect Model (Graham and Irvine Fitzpatrick, 2016) which is a matched care model for the provision of 'Interpersonal Psychotherapy' (IPT) for people with differing profiles (symptoms, characteristics and level of need) delivered across a range of settings. IPT is a pragmatic, brief, focused intervention that aims to improve wellbeing and reduce symptoms by improving interpersonal functioning, especially help-seeking. IPT is also a framework that pulls together biological, social and psychological factors to help understand the client's distress. The focus is on working with the client's relationships in their natural networks. IPT emphasises acknowledging and understanding the importance of normative and non-normative life events in triggering and maintaining distress and mental illness.
 15. Successful tests of concepts of adaptations of Prospect in A & E departments, judicial system and primary care, led partners to agreeing an allocation from Action 15 to build capacity in these settings to address the needs of people in distress and acute crisis.
 16. The Scottish Government supported an innovative test of concept for changing the way that people who have experienced trauma access support and treatment. The Rivers Public Social Partnership (PSP) provides a range of support and treatment for people who have experienced trauma who can self-refer to the Centre which is based in Fountainbridge Library. There has been significant learning from the test which informed phase two of Rivers PSP and the developing Thrive Centres and Networks.

17. In 2017 an Older Peoples' Rapid Response Treatment Team was established which has made significant improvements in building community capacity to support older people and their carers reducing the length of hospital admission or in some cases negated the need for admission. The identified funding gap has been factored into the 2019-20 Action 15 funding schedule.
18. The draft directions set out in the implementation plan detail a number of developments which the Action 15 funding will help to accelerate:
- **Thrive Centres / Networks**
Allocation to Edinburgh's four wellbeing locality partnerships to build on the robust partnerships comprising of third and statutory sectors which will support the creation of wellbeing open access Thrive Centres with statutory and third sector contribution across a range of community settings. 2019-20 will focus on a series of initiatives focusing on the 500 people who have been waiting over 12 months for psychological therapies – this will also enable testing out the new assessment and formulation process for the Thrive Centres/ networks which will be implemented fully in April 2020.
 - **Clinical Psychology**
(1.5 WTE) in North East GP Cluster: Test of concept to explore the role of clinical psychology as first line responder using a 20 minute formulation model in GP settings.
 - **Enhance capacity for the training and delivery of the Prospect Model interventions**
Test of concept adapted evidence based interventions which can be delivered by a range of staff across agencies and settings. (1.00 WTE Principal Psychologist).
 - **Adult A & E at Royal Infirmary Edinburgh (RIE)**
3.00 WTE Additional nurses to deliver evidenced based intervention (IPT- Acute Crisis) for people who have attempted to commit suicide.
 - **Children and Young People, A & E, New Sick Children's Hospital at RIE**
3.00 WTE nurses deliver to evidenced based interventions to children and young people who have presented with serious self harm and suicidal ideation.
 - **Edinburgh Prison (Males):**
Maximize the opportunities for meaningful activities within prison and enhance psychological interventions in prison setting through the employment of 5.5 WTE Occupational therapists and clinical psychologists.
 - **Edinburgh Prison (Females)**
To provide evidence based psychological therapies to women in community and prison settings; enhance capacity of prison staff to work in psychologically informed way through the employment of 3.00 WTE staff members.

- **Court diversion and custody settings**
To provide specialist mental health assessment (2.2 WTE) in partnership with Court Diversion Service.
- **Rivers PSP Phase Two**
Test of Concept: Funding of 3.00 WTE senior link workers to enable the enable self referral community based service delivering a range of interventions and treatment for people who have experienced trauma by a team of senior link workers and clinicians.
- **Rapid response and treatment team for older people**
Non-recurring contribution to fund multi- professional team who provide care and support in people's own home or they place they call home. (9.00 wte staff).

Key Risks

19. The key risks and planned mitigation are set out below:

20. **Ensuring fair and transparent process for the allocation of the wellbeing allocations**

We need to be able to demonstrate a robust and transparent procurement process for the allocation of resource to third sector agencies. Constructive dialogue with Procurement colleagues and an agreement to conduct an option appraisal on the procurement route has been well received by the well established and multi -agency Wellbeing Implementation and Monitoring Group.

21. **Decreasing mental health workforce due to demographics**

The traditional mental health workforce due to demographic reasons is depleted, which may cause recruitment problems. By recruiting and enhancing capacity of the current wider workforce through training we will increase the workforce pool.

22. **Increased waiting times for psychological therapies**

There continues to be a significant amount of people in Edinburgh who are waiting longer than the 18-week standard for access to psychological therapies. By enhancing our workforce through this new allocation, we will increase the opportunities for people to seek help at an earlier stage, increase the range of interventions available through improved co-production and joint working which will be part of the criteria for the allocation of the wellbeing stream.

Financial implications

23. The allocation from the Scottish Government increases incrementally by financial year until 2021-22 and the full allocation of £2,662,414. Table One sets out the phased allocations, the planned year by year phase expenditure and the cumulative

total allocation. It is key to note that as some developments are tests of concepts there is an as yet unallocated amount in 2021-22 as this will be determined by the findings of these tests.

24. There has been discussion with IJB members involving making a non-recurring contribution of £763, 495 from the underspend on action 15 funding in 2018/19 to help bridge the IJB financial gap in 2019-20. Table Two incorporates this non recurring contribution in spend plans.

Table One: Funding Schedule

	2018-19	2019-20	2020- 21	2021-22
SG Allocation	915,205	1,414,407	1,996,810	2,662,414
Total Available	915,205	2,203,934	2,769,469	3,425,909
Priority commitments/investments:				
Allocation to Edinburgh's 4 wellbeing locality PSPS	0	500,000	931,120	959,053
Adult A & E at RIE	0	92,000	192,189	197,955
Children and Young People, A & E	0	0	125,570	129,337
Edinburgh Prison (Males)	0	164,700	254,351	261,982
Edinburgh Prison – women	0	95,426	147,433	151,856
Court diversion and custody	0	24,950	99,802	107,796
Clinical Psychology Pilot in NE GP Cluster (test of concept)	0	76,700	82,129	0
Enhance capacity for the delivery of Prospect Model (test of concept)	0	12,499	43,932	0
Rivers PSP Phase Two* Commence April 2019 (test of concept)	125,678	0	129,448	
Rapid response and treatment team (non-recurring)	0	465,000		
Total Planned Spend	125,678	1,431,275	2,005,974	1,807,979
<i>Carry Forward</i>	<i>789,527</i>	<i>772,659</i>	<i>763,495</i>	<i>1,617,930</i>

Table One: Funding Schedule incorporates non recurring contribution.

	2018-19	2019-20	2020- 21	2021-22
SG Allocation	915,205	1,414,407	1,996,810	2,662,414
Total Available	915,205	1,440,439	2,005,974	2,662,414
Priority commitments/investments:				
Allocation to Edinburgh's 4 wellbeing locality PSPS	0	500,000	931,120	959,053
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Rivers PSP Phase Two* Commence April 2019	125,678	0	129,448	
Rapid response and treatment team	0	465,000		
Total Planned Spend	125,678	1,431,275	2,005,974	1,807,979
<i>Carry Forward</i>	<i>26,032</i>	<i>9,164</i>	<i>0</i>	<i>854,435</i>

Implications for Directions

25. The Initial discussions with Procurement and EVOC have taken place regarding the alignment of funding of the Wellbeing PSP and the proposed Action 15 funding allocations. It is anticipated that this can be achieved and that the legislative requirements can be met through reissuing of the original PIN for the Wellbeing PSP.

Equalities implications

26. The draft Thrive Implementation Plan will be subject to an Equalities Impact Assessment. It is key to note that there is a specific Thrive work stream focused on addressing inequalities.

Sustainability implications

27. Directions for all of the above proposals are included in the draft Thrive Implementation plan. All directions have associated Key Performance Indicators.

Involving people

28. Locality wellbeing partnerships have been formed through the Edinburgh Wellbeing PSP to encourage co design and co delivery of services and support within localities. This has allowed for shared values to be developed and shared outcomes to be constructed. Representation includes statutory, third sector, people with lived experience, and carers.
29. Edinburgh Thrive has been built by involving people in their communities and hearing from them about their needs and aspirations for mental health and wellbeing support and services.

Impact on plans of other parties

30. Impact on plans of other parties are as below:
- National: Mental Health Strategy
 - National Mental Health – Quality Indicator Framework
 - Primacy Care Improvement Plan
 - Edinburgh Locality Delivery Plans

Background reading/references

31. Draft Thrive Edinburgh Implementation Plan.

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Appendices

None.