

Report

Delayed Discharge – Recent Trends Edinburgh Integration Joint Board

13 May 2016



Executive Summary

1. This paper provides an overview of performance in managing hospital discharge, showing the total number of Edinburgh people who were delayed at each monthly census point over the past two years, alongside the target level for 2015-16. Further Scottish Government funding depends on achieving the target of 50 by May 2016. The target of 50 includes all reasons for delay other than the excluded codes (9s and Xs which relate to case complexity).
2. Key reasons for delay are also shown. Over the last year, people waiting for domiciliary care have accounted for at least 42% of the census total.
3. There is some evidence from the census figures that performance in ensuring timely discharge is improving. From the peak of 157 in September 2015, there has been a 48% reduction to date, to 82 in March 2016.
4. Following the flow workshop on 8 March 2016, a range of work streams to address delayed discharge is underway, targeted at the key pressure points across the care system. It will be overseen by the Patient Flow Programme Board which will meet for the first time on 12 May 2016. This supplements existing work streams and management action.

Recommendations

5. That the Edinburgh IJB note the progress in reducing the number of people waiting to be discharged and that a comprehensive range of actions is in place to secure further improvement.

Background

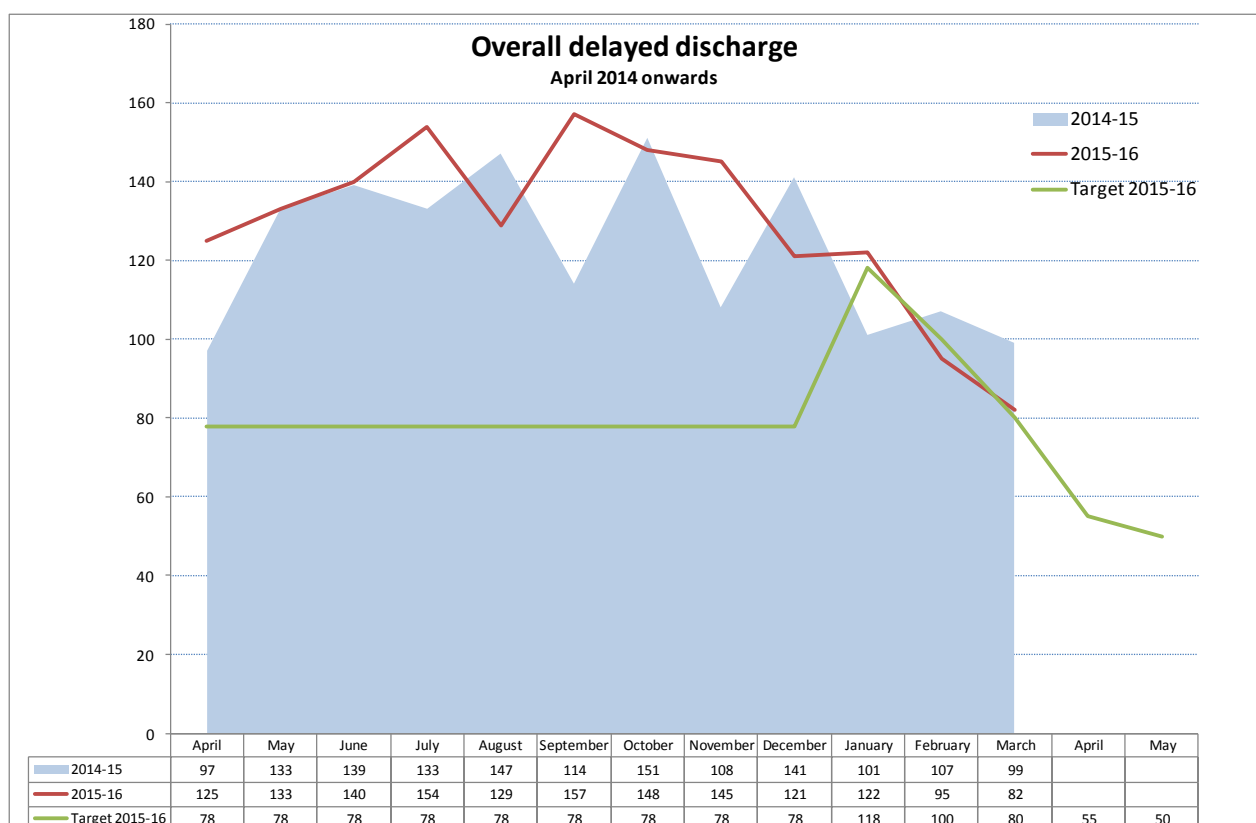
6. In January 2016 an agreement was reached with the Scottish Government which will provide £2m non-recurring, non-recoverable funding in 2015/16 towards the cost of reducing the number of people delayed in hospital. This money is being allocated in two separate tranches, with the final tranche dependent on a reduction to a total of 50 delays by May 2016. This target includes all reasons for delay other than the excluded codes (9s and Xs which relate to case complexity).

7. A range of work streams to address delayed discharge was initiated at a workshop session on 8 March, attended by the Chief Officer, senior managers from the Edinburgh Health and Social Care Partnership, NHS Lothian, leads from the Scottish Government and Healthcare Improvement Scotland. Owners have been identified for each of the key work stream areas. Progress will be overseen by the Patient Flow Programme Board which will meet for the first time on 12 May 2016. This supplements existing work streams and management action.
8. This report provides a high level overview of the number of delayed discharge against targets, reasons for delay and trends in the number of people supported by the Edinburgh Health and Social Care Partnership to leave hospital.

Main report

Total number of people delayed

9. The total number of Edinburgh residents who were delayed in hospital over the past two years **as at the monthly official census** is illustrated in the graph below. The shaded area shows performance for 2014-15 and the red line shows levels for the current year (2015-16). Target levels are shown by the green line.
10. The target of 100 for February was exceeded by 5 (95 waiting) while March's was missed by 2. From the peak of 157 in September 2015, there has been a 48% reduction to date, to 82 in March 2016. The April 2016 census, with a target of 55, will take place on 28 April. The key target of 50 for May 2016 must be met to secure further Scottish Government funding.



Reasons for delay, 2015-16

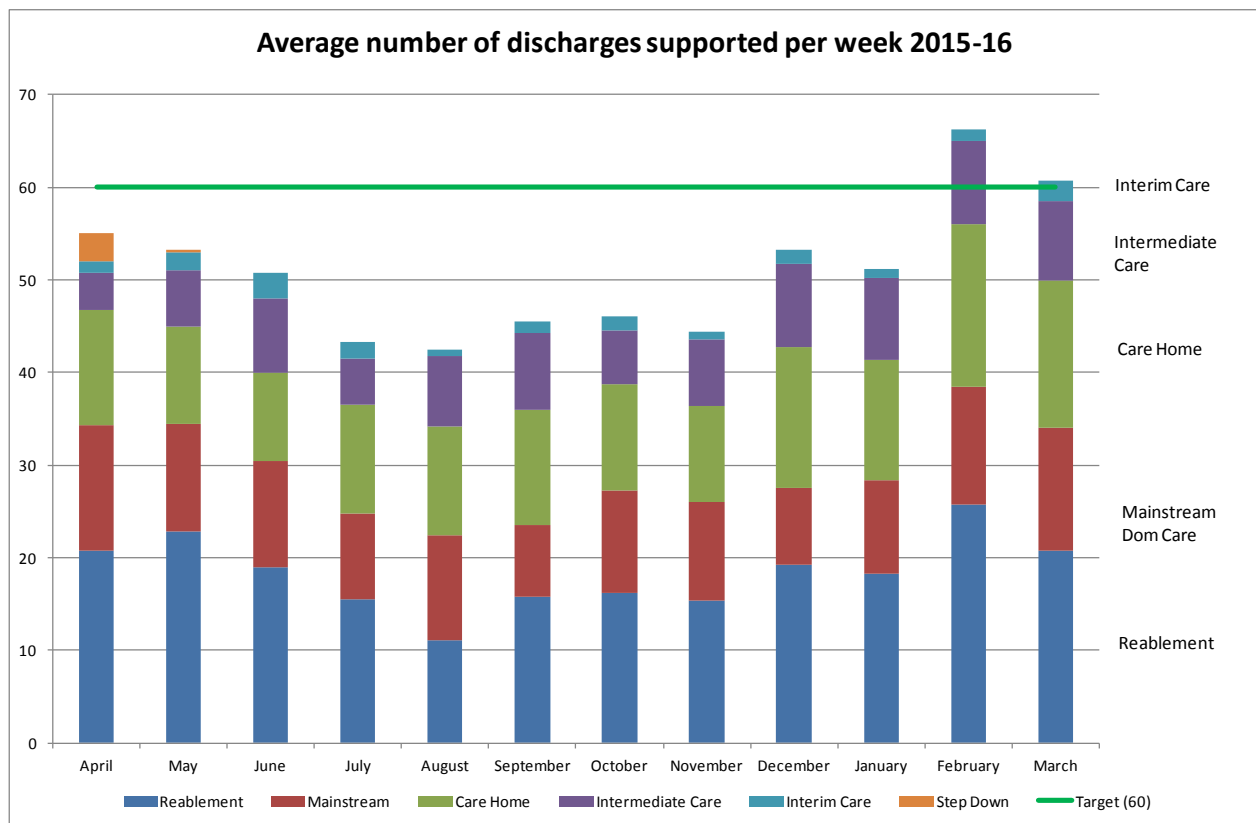
11. The broad reasons for delay at the census points in 2015-16 (excluding X codes and people who are unwell) are shown in the table below. The most common reason across this period has been waiting for domiciliary care, which peaked in October 2015 at 82, and then fell by over half to 36 by March 2016. Note that there have been no individuals recorded as being delayed for health care reasons at census points over the last year.

2015-16	April	May	June	July	August	September	October	November	December	January	February	March
Ongoing assessment	21	17	24	20	13	21	23	27	26	30	26	27
Care Home	39	40	32	39	34	41	30	36	26	26	16	14
Domiciliary Care	52	62	67	80	70	80	82	67	64	59	49	36
Other	13	14	17	15	12	15	13	15	5	7	4	5
Total	125	133	140	154	129	157	148	145	121	122	95	82
% Domiciliary Care	42%	47%	48%	52%	54%	51%	55%	46%	53%	48%	52%	44%

People supported to leave hospital

12. The main investments which will support a reduction in the number of people delayed in hospital relate to additional capacity for Gylemuir, staffing for reablement, development of the locality hubs and deployment of clinical support workers. The target for the total number of people supported each week is 60 (see appendix 1). This excludes packages of care which are restarted by ward staff when they leave hospital (an estimated total of 14 per week).

13. The graph below shows the average number of discharges per week supported by Health and Social Care, for each month during 2015-16. It shows a general overall increase since November 2015. Figures for provision also exclude the number of packages of care that are estimated to re-start each week, as described above.



Key risks

14. The main risk is that the May 2016 target of 50 people waiting for discharge is not achieved. This will have a direct financial implication in that further Scottish Government funding is dependent on the target being achieved – see below.

Financial implications

15. Further funding of £500k from the Scottish Government is dependent on achieving the target of 50 for the May 2016 Census. The funding has been committed and costs incurred in order to meet the target. Therefore missing the target of 50 will lead to a £500k deficit.

Involving people

16. As we move towards the locality model and develop the locality hubs, there will be engagement with local communities and other partners to inform the further development of the model.

Impact on plans of other parties

17. This report outlines progress of the Edinburgh Health and Social Care Partnership in addressing the pressures within acute services as developed at an event involving key stakeholders from across the system.

Background reading/references

**Lothian Delayed Discharge Partnership Monthly Data Report March 2016
Memorandum of Understanding Reducing Delayed Discharges in Edinburgh**

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Links to priorities in strategic plan

Priority 4 Providing the right care in the right place at the right time

Priority 6 Managing our resources effectively

Appendix

Target number of packages of support per week for people leaving hospital

Domiciliary care (excluding informal re-starts)	40
Care Homes	10
Intermediate Care and Interim Care	10
Total	60