



**Craigentenny & Duddingston Health and Wellbeing sub-group
21st December 2010**

1. Community Health Initiative

Link-up was awarded a contract to undertake a community health initiative in Craigentenny, Restalrig and Lochend. The project has focussed on developing a "ground upwards" approach to community health, seeking the views of local residents as to what services and support they would benefit from. Overall it will focus on developing community capacity with access to volunteering opportunities and personal and skills development training. A range of events and courses have already been offered. Link-up aims to ensure that what is achieved can be self-sustained or supported via other services and projects, such as volunteering projects, further education and training organisations and existing social networks.

2. Older People's Services in Northfield

- A Community Information Worker, Margaret McVeigh, has been appointed on a self-employed contract to gather information about events in the area, ensure it is effectively disseminated to older people and build links between agencies offering these activities.
- A group of older people met with the NP's Road Manager to discuss the placement of benches, rails etc to improve mobility in the area and use the allocation from the Neighbourhood Improvement Programme.
- A company called Omnicare worked with representatives from the Health & Wellbeing sub-group, plus Caring-in-Craigmillar to submit a funding application to test a bespoke, web-based application they have developed as a means of reducing social isolation of older people.

3. Food and Health Training Hub

The hub is collecting information on the work organisations are doing with older people on food and health. There does not seem to be a large amount and there are gaps in the services available. The Training Hub has therefore started designing a nutrition session for older people and would be looking for groups to pilot this.

4. Edinburgh Leisure

- Ageing Well has had its funding confirmed until September 2011 following an impact assessment. A Service Level Agreement is being agreed.
- Edinburgh Leisure launched its new Health Brochure detailing the 10 health programmes they run.
- The manager of Meadowbank was introduced to the sub-group, and outlined some of the activities available there.

5. Piershill Community Flat

The Flat has been running a Festival of Diversity with the aim of thinking about the diversity within Piershill, not only ethnic diversity but everything that makes us different and adds to our individual and community identity. There have been discussion opportunities and various workshops; a Festival of Diversity marquee event with over 200 people attending; and a photography exhibit and local artwork to be displayed in the area.

The regeneration of the squares and drying greens is ongoing. The allotments have been expanded and continued partnership work with Bridgend Allotments Community Health Project is proving successful.

6. Growing Project

Link-up has been supporting Carr Gomm, which has opened a new residence in the area, and Edinburgh Community Backgreens Association to develop local support for a new growing project on communal space in the Lochend area.



John Palmer, Public Health Practitioner, NHS Lothian
21 December 2010