

Review of Home Care and Support and Care at Home Services

1. Purpose of the Report

- 1.1 To inform the Council of the progress made in modernising the internal Home Care and Support Service and to seek Council's endorsement of the re-ablement model.

2. Background

- 2.1 One of the Council's key priorities is to shift the balance of care from support in care homes or NHS settings to more support in individual's homes. Currently in Edinburgh, 25% of intensive support is provided in people's homes. The target for 2008 is to move to 30%. The Domiciliary Care Service is a key component in achieving this strategy.
- 2.2 In 2007/2008 the Health and Social Care Department has experienced significant pressure on its Domiciliary Care Budget. Demand for this service is rising as a result of changes in the demographic population. Between 2006-2016 over 65+ population is projected to increase by 13% and the 85+ who are significant users of Health and Social Care Services is expected to rise by 31%.
- 2.4 The Home Care Modernisation Board, chaired by the Director of Health and Social Care was set up with the aim of identifying appropriate models of care for people supported in their own homes and to ensure the service is delivered in a cost effective way.
- 2.5 The Home Care market in Edinburgh is made up of two key sectors; the in-house service provided by Council staff and the purchased service from voluntary and private sector agencies (Care at Home). The combined budget for both services is £31m with a projected overspend of £2.4m.
- 2.6 A detailed report on the review of home care and support and care at home services including obligations in terms of the Disability Discrimination Act and other relevant legislation will be presented to the Health, Social Care and Housing Committee on 4th March 2008.

3. Vision

- 3.1 The vision for the future is a service that has three main components:
- A re-ablement service which is provided for an initial six week period
 - A review process to establish the individual's ongoing support requirements
 - Long-term Complex Care

3.2 The objectives of home care re-ablement is, through the use of timely and focussed intensive interventions:

- To maximise users long-term independence, choice and quality of life
- To appropriately minimise ongoing support required and thereby reduce the whole lifetime cost of care.

The approach focuses on reabling people so that they reach their potential in terms of a stable level of independence with the lowest appropriate level of ongoing support or care.

- 3.4 The evidence from studies undertaken from England show that individuals receiving the re-ablement service showed significant improvements after six weeks and required less care hours as a consequence of that.
- 3.5 The review of home care and support and care at home services will include consultation with staff and appropriate parties. Consideration will also be given to an equalities impact assessment.

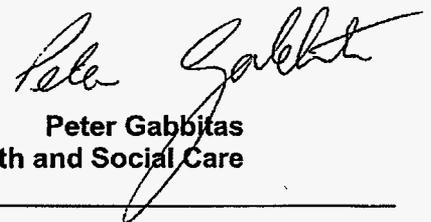
4. Financial Implications

- 4.1 The evidence from existing re-ablement models demonstrate that reductions can be made in the ongoing number of care hours required for clients. The projected savings associated with this are £1.067m in 2008/2009 rising to £6.6m over a six year period.

5. Recommendations

The Council is asked to:

- 5.1 Endorse the re-ablement model and associated financial consequences as detailed in para 4.1 above.
- 5.2 Note that a detailed report on the Review of Home Care and Support and Care at Home Services will be presented to the Health, Social Care and Housing Committee on 4th March 2008.



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Appendices

Contact/tel

Wards affected

Background Papers