

News from Advisory Group Meeting on October 2014



Welcome

Glenda welcomed everyone to the meeting and introduced Andy Shanks, Home Care & Reablement Manager, CEC who provided an update on the work of the reablement service.

Home Care & Reablement Services

The reablement service aims to maintain independence at home, reduce hospital admissions and facilitate hospital discharge. The period of support is for 6 weeks only.

The service has 2000 people on the books. CEC provides support for a quarter of those and one charity and private organisations provide the rest of the support.

The ethos for the service is to ensure that staff look outwards and see not just a service user but a person with a wealth of strengths, experiences, interests and people involved in their lives.

The strength of the service lies with the dedicated staff and the necessity of training and development is recognised. By 2020 all care staff will have a SVQ2 and 25 staff members each year will work towards their SVQ3. Finding the required number of assessors is however an issue. The Group suggested that there may be an opportunity for members of the Self Care Collaborative to assist with assessments.

The BME community would welcome the opportunity to work with Andy's team as they feel that there is little knowledge of the reablement service its community.

The administration of medicine by care workers was discussed and the National Care Guidance includes information for care workers on this. Ian Clement raised the importance of taking eye drops at the correct times to prevent worsening of eye conditions. The measures taken to ensure that the LGBT community is not an

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excluded group was queried. Andy assured that there is a zero tolerance policy with regard to discrimination on any grounds and will work with the LGBT community to positively engage.

It was suggested that a list of patient specialist nurse telephone numbers would be good so care workers could call at any time with a query.

Integration is welcomed and it is felt that each group could learn from the other.

Andy recognises that overnight care is an area which requires additional resources and is working on this.

Concerns were raised about the 4 on 4 off shift pattern which it was felt does not provide continuity and can be difficult especially for those with dementia. Andy explained that much consultation and research went into developing the best shift pattern and this was the pattern which was found to be most suitable.

The Group thanked Andy for his refreshing approach to care services and was heartened by his efforts and energy.

Updates

Get Up and Go

The new Get Up and Go brochure was recently launched at a highly successful event held in Meadowbank Stadium with over 350 people attending.

"There was a wonderful mix of generations and different communities – there was a real buzz to the event" stated Ann Munro who organised the event together with Edinburgh Leisure and the Get up and go team.

Copies of Get Up and Go are now available at your nearest library, council offices and Edinburgh Leisure Centres. The [brochure](#) is also available online.

LOOPS

A new leaflet providing information about LOOPS and projects in each area of Edinburgh was circulated.

A dedicated phone line for people over 65 living in North

Andy Shanks
Home Care & Reablement
Manager

Tel:

0131 553 8440

e-mail:

andy.shanks@edinburgh.gov.uk

View activities on-line at:

http://www.edinburgh.gov.uk/info/20008/events_and_venues/588/get_up_and_go

LOOPS Contacts for each area

NE: Anne Munro – 0131 553 2559

West and South East Edinburgh is now launched. This provides easy access to information on a huge range of activities available or can provide a friendly chat with a volunteer. **Call on 0131 603 8311**, lines will be open from 10 am to 2 pm Monday to Friday.

Symposium in Hamburg – “Becoming an Age-Friendly Community”

Glenda has been invited back to Hamburg to attend the Age Friendly symposium. Four years ago Glenda, Joyce and Violet were invited to a symposium in Hamburg to share their knowledge and experiences gained through their ACFAA work.

Reminder!

Have you had your flu vaccination?

If not, and you are over 65, or someone you care for has not had their jab, see your GP to arrange.

Age Scotland

Age Scotland will hold its first National Conference “Later Life in Scotland: Tae Mak it Worth Bein”.

The conference will be held in Perth Concert Hall on Wednesday 19 November 2014. The conference is free and is open to all Age Scotland members and guests. For further information please contact Age Scotland, Tel: 0845 833 0200

Edinburgh’s Joint Older People’s Management Group (EJOPMG)

Ian, Marion, Glenda and Joyce will meet to discuss involvement in this group before its next meeting on 30th October 2014.

Consultation on National Care Standards –Update

Many thanks to all who met and discussed the response to the initial consultation on National Care Standards.

SW: Emma Pattinson –
0131 225 8508

NW, SE: Heather Yang –
0131 603 5144

<http://www.evocredbook.org.uk>

Age Scotland, Tel: 0845
833 0200

Information on the consultation can be found at:
<http://www.scotland.gov.uk/Publications/2014/06/7325>

All comments were collated and a response was submitted emphasising:

- Confirmation of the need for a framework which should be simple and understandable.
- The need for joint working and to ensure that the standards are applicable to NHS
- The need for individuals to be involved in discussion regarding care
- The need to ensure the implementation of the standards.

The submission should be available on-line however a copy is attached with this newsletter.

Scottish Older People's Assembly update

As ACFAA rep, Betty has now received the invitation to the Assembly on 31 October.

Six workshops will run on the day and cover:

Travel, Pensions, Health & Social Care, Communications, Housing and Safety and Community Empowerment.

The six themes emerged from feedback from older people at 12 local meetings.

Each workshop will host a short presentation followed by discussions and an agreed actions to be presented in the Parliament.

All wishing to attend the Assembly noted their interest and they will receive a form to complete and return. Allocations will be made after 17 October and a waiting list will be operational.

Future Agendas

Betty outlined her recent problematic experiences with British Telecom. The Group agreed to ask large utility companies to come and speak about "*what they do for older people*". It was suggested that banks could also be invited to discuss how older people or those with disabilities can access cash when they cannot manage to get to a bank or cash machine.

Betty was recently at a meeting for those with drug addictions or alcohol problems and she noted that older people had never been considered. The meeting

Further information on SOPA14 is available at <http://www.scotopa.org.uk>

<p>acknowledged that this appeared to be an oversight and will progress this to the larger Drug and Alcohol Group.</p>	
<p style="text-align: center;">Today's Participants</p> <p>Norman Tinlin, Muriel Cassie, Chrissie Toms, Joyce Armstrong, Marion Mitchell, Joan Turner, Violet Laidlaw, Betty Milton, Tim Puntis, Mary Cameron, Gloria Bea, Sarah Bryson, Glenda Watt, Mary Scott McFarlane, Dr Balkishan Agrawal, Irena Kustikova, Heather Goodare, Diana Manson, Anne Munro, Margaret Callander, Neeru Bhatnaga, John Thompson, Ian Clement</p>	<p>If you have any queries re ACFAA or would like further information, please contact;</p> <p>Glenda Watt, Health and Social Care, Level 1.8 Waverley Court, 4 East Market Street, Edinburgh EH8 8BG Tel: 0131 469 3806 Glenda.watt@edinburgh.gov.uk</p>
<p style="text-align: center;">Date of next meeting</p> <p>4 December 2014: European Room, 10:30 -13:30 12 February 2015 Diamond Jubilee Room, City Chambers, 10.30 13.00</p>	