

April 2018

Week One	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday	Menu Cycle W/C
Starter	Homemade soup (v)			Homemade soup (v)	Packed Lunch	
Choice 1	Quorn Pasta Bolognese (v)	Sweet & Sour Chicken with Rice	Scottish Minced Beef in Rich Gravy with Mashed Potatoes	Bubble Coated Salmon with Potatoes & Steamed Vegetables	Filled Rolls/Sandwiches Yoghurt Fresh Fruit Bottle of Water	
Choice 2 (v)	Veggie Balls, Yorkshire Pudding and Cook's Choice Potatoes (v)	Macaroni Cheese (v)	Chunky Vegetable Biryani (v)	Mixed Bean & Cheese Enchilada with Seasonal Salad (v)		
Choice 3	Baked Potato with a choice of fillings	Baked Potato with a choice of fillings	Baked Potato with a choice of fillings	Baked Potato with a choice of fillings		
Dessert	Fresh Seasonal Fruit	Fruit Yoghurt /Fresh Seasonal Fruit	Sponge Cake & Custard or Fresh Seasonal Fruit	Fresh Seasonal Fruit		
Additional Information	Available Daily: Seasonal Vegetables, Mixed Salad, Drinks & Bread Selection					

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Week Two	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday	Menu Cycle W/C
Starter	Homemade soup (v)			Homemade soup (v)	Packed Lunch	
Choice 1	Quorn Hotdog with Chunky Potato Wedges (v)	Roast Chicken Dinner with Roast Potatoes	Golden Fish Fingers with Chips	Scottish Pork Sausage with Mash & Beans	Filled Rolls/Sandwiches Yoghurt Fresh Fruit Bottle of Water	
Choice 2 (v)	Vegetable Curry with Rice (v)	Roasted Vegetable Lasagne (v)	Cheese & Tomato Pizza with Chips (v)	Falafel with Pitta, Cucumber Salad and Sweet Chilli Sauce		
Choice 3	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings		
Dessert	Fresh Seasonal Fruit	Fruit Yoghurt /Fresh Seasonal Fruit	Chocolate Beetroot Brownie Fresh Seasonal Fruit	Fresh Seasonal Fruit		
Additional Information	Available Daily: Seasonal Vegetables, Mixed Salad, Drinks & Bread Selection					

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Week Three	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday	Menu Cycle W/C
Starter	Homemade soup (v)		Homemade soup (v)		Packed Lunch Filled Rolls/Sandwich Yoghurt Fresh Fruit Bottle of Water	
Choice 1	Sizzling Vegetable Fajitas (v)	Chicken and Sweet Corn Pie with Cook's Choice Potatoes	Scottish Beef Pasta Bolognaise	Bubble Coated Fish and Chips		
Choice 2 (v)	Macaroni Cheese (v)	Sweet and Sour Quorn with Rice (v)	Veggie Bake with a Crispy Topping (v)	Quorn Sausage & Vegetable Casserole with Cook's Choice Potatoes (v)		
Choice 3	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings		
Dessert	Fresh Seasonal Fruit	Fruit Yoghurt /Fresh Seasonal Fruit	Fresh Seasonal Fruit	Banana Loaf/ Fresh Fruit		
Additional Information	Available Daily: Mixed Salad, Drinks & Bread Selection					

Week Four	Monday	Tuesday	Wednesday	Thursday	Friday	Menu Cycle W/C
Starter		Homemade soup (v)		Homemade soup (v)	Packed Lunch Filled Rolls/Sandwich Yoghurt Fresh Fruit Bottle of Water	
Choice 1	Cauliflower Cheese Sausage with Potatoes (v)	Chicken Meatballs in Tomato Sauce with Rice	Scottish Beef Grill with Chips	Salmon & Sweet Potato Fishcakes with Potato Wedges		
Choice 2 (v)	Roasted Vegetable Pasta with Herby Garlic Bread (v)	Cheese Sandwich Picnic Platter (v)	Chunky Quorn Korma with Rice (v)	Cheese & Tomato Pizza with Potato Wedges (v)		
Choice 3	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings		
Dessert	Fruit Yoghurt / Fresh Seasonal Fruit	Fresh Seasonal Fruit	Yogurt Loaf	Fresh Seasonal Fruit		
Additional Information	Available Daily: Mixed Salad, Drinks & Bread Selection					